

# SINS

No. 266

May 2011



South West Orienteering  
Association Newsletter

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**Copy date for next SINS is 4<sup>th</sup> July 2011.  
Distribution will be at the DEVON Relays**

**Volunteers ....  
can develop their existing skills and knowledge**

## EDITORIAL

Congratulations to all those who stood on the rostrum at the JK and British Sprint and Middle Distance championships. The competition has been very tight and the courses demanding. I am writing this before the main Classic British Championships in Sheffield, so good luck to all those taking part in them. I will watch the results with interest.

Some of our leading competitors have been injured of late. It is good to see Jackie Hallett starting to make a comeback after a long time out through injury. Mike Crockett has had to pull out of many events due to a knee injury and we hope he will soon be back. Arthur Boyt has had to stop competing because of illness, and we hope that he will be back to full health soon.

The galoppen series for 2010 /2011 has just two more fixtures to go. The results are starting to become clearer and by the time you read this the final two events will have taken place. So far five people have managed to attend the seven events scored so far and twenty six have been to five or more of the series. This is very encouraging considering the cost of travel to events.

As we enter the quieter period of summer, the relay series or Chairman's Challenge starts and I hope that there will be a large number of clubs fielding teams in at least four of the series. The format is very variable, but great fun, and helps to bring club members closer together.

Susan Hateley    DEVON

## SWOA NEWS

### MAPPING REPRESENTATIVE WANTED

SWOA needs an active mapper to act as its representative on the BOF Map Group. This post is that of a "corresponding member" so going to Map Group meetings will not be required. If you are interested contact the SWOA Secretary.

### BOF DIRECTORS

Scott Collier of KERNO and JOK was elected for a three year term at the BOF AGM, joining Neil Cameron of NGOC and Mike Forrest of BOK on the board.

### CONTROLLERS

Grade B: Chris Branford of WIM has moved up from Grade C.

Grade C: Mike Kite of WIM has been appointed to Grade C.

### SWOA GRANTS FOR COACH EDUCATION

At the last SWOA Committee meeting revised grants were agreed for those attending future BOF supported coach education courses – UKCC Level 1 and Level 2. Club secretaries have the details, or they can be found in the latest SWOA minutes on the website.

### BOF MILEAGE RATE

This rate, which is used by SWOA to pay mileage when applicable, was increased on 1<sup>st</sup> March to 25p/mile plus 2p for a passenger.

#### SWOA AGM

This will be held on 2<sup>nd</sup> October, after the SWOA Sprint Championships at Poundbury, Dorchester. Venue and time to be advised.

#### NEXT COMMITTEE MEETING

This will be on Wednesday 29<sup>th</sup> June at Ilchester.

Arthur Vince, SWOA Secretary

### THANK YOU

We have to say farewell to Celia Watkinson as Regional Development Officer for the SW (as the RDOs' jobs have been lost following personnel rearrangements by BOF Head Office). She has helped many SW orienteers with their schools contacts and in their clubs, far beyond the hours for which BOF paid her. As a result, there has been a considerable increase in the number of schools who participate in orienteering, in new members for the clubs and in the number of coaches in the South West. Her efforts will continue to be felt for quite some time, so please continue to encourage your local schools and your new members, and take part in your club coaching sessions, so that the good work continues. Celia also attended SWOA meetings regularly and will be missed there too. She will still be active in orienteering, and we wish her well in her 'pastures new'.

Christine Vince KERNO

### COLOUR CODED AWARDS

Congratulations to the following who have gained their Colour Award.

Purple Yvette Paget WSX

Yellow Pippa Savage BOK

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain) and £1 for Juniors (20 & under) or £2 for Seniors (21 & over). These prices are subsidised by S.W.O.A. If applying by post please make cheques payable to S.W.O.A. and enclose a stamped addressed envelope. My address is: 6, York Gardens, Clifton, Bristol BS8 4LL. Sorry no E-mail.

Anne Donnell BOK

### LETTERS

To All in the SW

Just a note to say how much I have enjoyed working with you to develop orienteering over the last 10 years. A lot has been achieved, notably the considerable increase in the number of schools who deliver and participate in orienteering and the tremendous amount of development in clubs to attract and retain members. All of my work has relied heavily on volunteers, without whom, much would not have come to fruition. I would like to thank everyone, to many to name, who have assisted me during my period in office. I am moving onto 'pastures new' but will still be involved with our sport so look forward to meeting you again soon.

Celia Watkinson

### INTERLAND 2011

The Interland is a 6 way international competition, involving teams from England, France, Germany, Netherlands and two teams from Belgium (Flemish and Walloons).

I was selected back in December 2010 as first reserve for the M40 class. As I had heard nothing by January 2011 I assumed that everyone selected as part of the team was available and that I wouldn't be going. It was therefore somewhat of a surprise when, 9 days before departing, I received a phone call to ask if I was still

available. One of the previously selected runners had picked up an injury and was no longer able to be part of the team.

There followed a frantic 24 hours while I found child care arrangements for Yvette, obtained time off work and sorted out the finances. So with just a week to go I was then confirmed as part of the team.

During that week before departure, there was great uncertainty as to how we were going to rendezvous with the coach. Parking at all RV venues was limited. I think we went from plan A to B, on to C then D and finally back to plan A over a period of 5 days.

Finally the day arrived. Gavin picked me up on the Friday at 09:30. We went on to Godshill to meet up with Kirsty Staunton (Wim) and then on to Woodfalls to pick up Lucy Butt (Sarum). Then it was off to Woking to RV with the coach.

With luggage and food safely stored on board, it was off to Dover to catch the ferry to Calais. The ferry provided a good opportunity to eat. Gavin's advanced planning meant we had already seen the menu before departure, so we arrived at the restaurant knowing what we wanted to order. This would have been fine – until I discovered that my chosen option was no longer available!

Arrival in Calais saw a smooth departure from the terminal and a trek across to Brugge. There we spent the night in a Youth Hostel. The biggest challenge wasn't finding the hostel – it was getting the coach into the grounds. We seemed to create something of a tailback to local traffic as the coach made two tricky manoeuvres to reach the entrance and get through the very narrow gateway.

Once settled we walked into the town centre for a quick look at some of the sights, then back to the hostel to sleep before a reasonably early rise to continue the journey.

The Saturday saw us continue our trek across Europe. A brief stop was made in Arnhem – location of bridge made famous during WWII. Then it was on to Germany, where we finally arrived at the training event at around 15:15. A quick change in the car park (while the coach went off to re-fuel) and then a potter around the area to see what the map and terrain was like. I found the terrain quite hilly (I never have liked hills much) and the map rather suspect in places. I was hoping for better in the race the following day!

After training, the coach returned and it was off to the next Youth Hostel, arriving around 17:30. The evening meal was at 18:30. Then a number of us decided to have a look around the village we were in, before going to bed.

Sunday morning saw us up at 06:00 (05:00 GMT), for breakfast and departure to the race. The event centre was a local school, with a sports hall, toilets and showers available for our use. I had the first start of the day – 09:00, so after a quick check of the facilities, it was time to change and head off to the start (about 1km away).

The people running the start seem to have got a little confused. Call-up time was about 8 minutes later than expected. At the last moment they realise that they had subtracted 4 minutes from real time, instead of adding. I got called up with about 45 seconds to go before my start. I just had time to clear, check and get to the start line. With 10 seconds to go I arrived at the start line and identified my map box. It was then pick up the map and go. As I headed off into the forest, I quickly realised that something wasn't right. I just had no energy. I was not able to reach my normal running speed and really struggled on the climbs. Two nights of limited sleep and a very early start had caught up with me and my body just didn't want to perform. I only made two navigational mistakes, between them accounting for no more than about 60 seconds. I just couldn't run! By control 16 I was exhausted and felt I couldn't go any further. I wanted to retire. Had the race been anything other than an International, I would have. I looked at the map and saw that there was only one more big climb, the rest were small, so decided that I would push on to finish. I did, but my time wasn't great. I thought I had taken around 71 minutes – 10 minutes quicker would have been a good time.

There was a little confusion over times – due to the problems at the start. I was eventually credited with 69 minutes. I ended up 8<sup>th</sup>, with Clive Hallett ending up 7<sup>th</sup> a couple of minutes in front of me. Clive hadn't felt good either – some small consolation!

Gavin ran well. He finished 3<sup>rd</sup> on his course (M50). In recognition of his achievement he was presented with a pendant and packet of sweets.

Overall, it was a successful trip for England. We had finishers in the top 3 on most courses and on a couple we had a clean sweep. As a team, we won the Junior trophy and the overall. Mission accomplished.

Following prize giving it was back on the coach for the long journey home. We left the event at around 13:15. With just two short stops, we arrived at Calais around 20:45. A slight delay getting on to the ferry – it had to re-

berth as the loading gate it was originally assigned to failed when they tried to use it. We finally left France at around 22:20.

Once back in England it was back to Woking, a decant into cars and the reverse drive to that on the way up. I eventually arrived home at 03:15 and was in bed by 03:30.

Unfortunately for me, I was up again at 07:00 to get my daughter off to school!

Overall, it is a hard weekend, with lots of travelling and very little rest. Not ideal for racing well. However, the team spirit is excellent, with everyone getting on well. A good opportunity to spend more time with those you normally only see briefly in an assembly area, or just as a name in the results. If you get the opportunity, it is well worth doing for the experience.

Thanks are due to Wessex and SWOA for their generous financial support to both me and Gavin.

Dale Pagett      WSX

### **ORIENTEERING IN 2050**

As a contribution to the 2050 conference held recently, James Head, formerly Devon but now removed to NWO, offered the following.

Here's my "futuurologist" predictions for orienteering in 2050..

- 1) Paper maps will be redundant. Competitors will be using a type of flexible electronic display (P-OLED?) on plastic which they'll bring along to the event (possibly a next generation type of tablet computer) and connect up to a computer at the event to download the map and course whilst registering, or at home during the entry process which will be "unlocked" and updated if necessary at the event. These will eliminate separate control code descriptions. The map will display the control code electronically. It might even be possible that the flexible display incorporates the timing technology eliminating the need for a separate EMIT or SportIdent style timer. Such tablet computer maps will be dynamic, providing the competitor with a selectable zoom which the M50+ age class will especially appreciate.
- 2) At "download" as well as receiving their own results their tablet PC map will be able to access everyone else's routes, split times etc. by wireless networking whilst in the area of the download, and at home after the event.
- 3) The new control stake will consist of a GPS locator and wireless radio connection that will talk automatically to the competitors timing device/map and automatically record their presence when they are within half a metre.
- 4) GPS tracking units similar to the current Forerunner series will be used more and perhaps also could be integrated to the paper map, and assuming the rules don't change excluding their use for navigation, may provide the timing information and route feedback for post-event analysis.
- 5) There will be much improvement in headlamp technology for Night events with LED headlamps powered by Li-polymer batteries providing exceptional brightness.

These technologies will just filter down as they become cheaper and be adapted for orienteering and other sports.

Finally:

- 6) O-shoes will still increase in cost and wear out at the same rate.
- 7) We still won't have flying cars or jet packs so we'll still end up parking in muddy fields needing to be pushed out.
- 8) We will still help provide the Scottish midges with a regular food source every couple of years.

Any further contributions? If you know of other developments in the pipeline let us know.

What would you like to change in the next few years let alone in 40 years time?

Erik Peckett SWOA Committee

### **SWOA RELAY SERIES**

Every orienteer knows that one should plan ahead. Now is the time to think about the early summer and that prestigious relay trophy, known as the Chairman's Challenge Trophy. In previous years this series has declined to a two or three horse battle and is in danger of failing altogether.

The time has come to bookmark the dates and drum up enthusiasm within the clubs. Each relay has a unique format. A club can enter as many teams as they wish. Only the highest placed team from a club scores points but

a second team can still benefit the club by lowering other team's scores. A full copy of the rules are available on the SWOA website.

The series this year consists of six events with the best four counting.

Provisional Dates are

5 <sup>th</sup> June	Sarum Moon Rakers	Collinbourne Woods	Teams of 3
26 <sup>th</sup> June	NWO Relays	West Woods	teams of 2 or 3
3 <sup>rd</sup> July	Adams Avery Relay	BOK, Dyrham Park	
10 <sup>th</sup> July	Hardy Relays	Wessex	Teams of 4
17 <sup>th</sup> July	Devon Relays	Five Tors Tavistock	Teams of 3
24 <sup>th</sup> July	Furrow Hoppers relay	WIM TBC	Teams of 5

Now is the time to start thinking. If you club captain hasn't chased you, then chase Him/her. Let's have a good competition.

Please check club websites for final details

Mike Crockett - Relay Scorer

### **BRITISH CHAMPIONSHIPS (SPRINT & MIDDLE DISTANCE)**

The first British Championships were held in glorious weather over the weekend of the 9<sup>th</sup> and 10<sup>th</sup> of April. Saturday was held at the Falmer campuses of the Universities of Brighton and Sussex. The assembly field was the Sports ground of the University of Sussex with plenty of space for tents and warm up, the biggest problem was the lack of shade! Everyone had two races, heats to determine which final you were in and then the final. A long walk to the heat start took us through the village, over the A24 dual carriageway and the electrified railway. The heats took us by devious routes back to the campus of the University of Sussex over the railway and under the main road. A commentary kept everyone informed about the results. The Elite were also competing in these Championships and it was interesting seeing them return to the finish at a sprint that would make some of the British Sprinters rather worried!

The Finals were divided into A & B finals for all but the elite who were divided into 3 finals. This time it was around Sussex campus with some interesting route choices. The elite A final started in the assembly field and excitement was built up as they finished very rapidly with some of the M/W18 and 20's doing rather well. The pressure of the finals saw a large number of competitors mispunching. I must confess that I was one of them! It was lovely to be able to finish and then shower before travelling back to our accommodation.

Sunday saw the event migrate to Crawley, near Gatwick, and a very private wood. Parking was at a farm park with a fair walk to the assembly field. Luckily there was a good hedge to shelter under away from the sun. The wood itself was very runnable with plenty of features, luckily the bracken and brambles had not grown very much. Courses were well planned and involved a mixture of leg lengths and control features, the finish was in the assembly field. Start for the elite classes were in the assembly field and so the commentary team were able to keep us informed about the elite starters as well as the finishers in all the classes.

Both events were very enjoyable and the presence of the elite competitors competing at the same time made the weekend much more enjoyable. We, the lesser part of BO's competitive structure, did not feel like second class citizens!

Susan Hateley    DEVON

### **J.K. 2011**

The J.K. in Northern Ireland - wet and cold? not at all - we had (as did everybody here) lovely weather. For 3 clubs and a University club to put on the J.K. is quite an undertaking, though many other orienteers helped in many ways.

Good Friday was the Sprint race at Stranmillis University college and QueensElms Village, Queen's University residential village. This was an IOF World Ranking Event. Car parking was on local streets which gave some people quite a walk, but the two areas were ideal for Sprint O and a big area for Assembly and the Finish, so all was fast and furious as sprints should be. There was a good maze for our smaller competitors. The 12 sprint courses ranged from 2.4km with 28 controls to 1.2km and 15 controls, and there was a Temp O course on site as well.

Many people stayed in Stranmillis College and were taken to the other events by coach. The meals were fine except for a "buffet" which turned out to be Irish Stew/ or Pasta with Coleslaw salad! not very popular!

The second day was at Tyrella South sand dunes, Dundrum Bay, an hour south of Belfast. These turned out to be fairly rough and tough though the start and finish on firing ranges for Ballykinler army barracks were fast. For the WRE competitors it was a middle distance race and long distance for the rest of us. Trail O had a separate event at Murlough National Nature Reserve. Day 3 was a long distance event for all competitors on Slieve Croob and Cratlieve. The map was called Slieveisky - no Russians about? The full original area had been lost because of the introduction of red kites (birds) fairly recently. Just another problem for planners when the map has been drawn and courses planned. It was a typical open hill area with much contour and rock detail and plenty of climb for all with quite long walks from car parks and assembly to the start. Trail O was again a separate event at Castlewellan Forest Park.

The Relays were back to Tyrella South but in a slightly different place. I'm sorry I can't comment on them as I didn't go, nor am I aware of results for S.W.O.A. competitors for any of the events. For social events there was an enjoyable Table Quiz at Stranmillis and on another evening at Slieve Donard hotel a social and route gadget talk and Irish, Ulster-Scots dance, music and song. A very enjoyable weekend for all of us even if many found the courses testing. There were over 2,000 competitors and 25 countries represented even if only by one competitor.

Anne Donnell BOK

### **JK – A FAMILY PERSPECTIVE**

The JK 2011 in Northern Ireland started in style with a Sprint O around Stranmillis University College in Belfast. Right from the very start, the organisation was fantastic.

After retrieving our must have JK "hoodies" (although slightly disappointed that there weren't kid sizes as Lottie needed an orange one to make our family hoodie traffic lights complete – mine red & Rich's green!) we completed our first ever Sprint O. The atmosphere was amazing. Although our results weren't anywhere near the top half we now have a hunger to do more urban orienteering. Lottie loved her first day string course especially as she could use her beep-beep-beeper (SI) and she received a special JK Passport to collect 'stamps' in at each event.

Now Day 2 was a very different story! – all I can say is that we all finished without being disqualified! That was a massive achievement for us as it was the hardest, hottest course we have ever experienced and I have learnt that I need to do some serious training on contours!

Day 3 was up a mountain called Slieve Croob– excellent courses and beautiful views. Even the string course included views and crags.

Day 4 was just a string course for us as we weren't part of the relays although cheering in the relayers was fun.

We would like to say a massive thank you to all the organisers of the JK as it was an excellent event. The string courses were extremely well put together and we particularly liked the 'off-string' options to bridge the gap between a string course and a full blown White.

The Jackson Family NWO

### **EVENT SAFETY AND AUTODOWNLOAD WORKSHOPS**

BOF's insurers now require Organisers of orienteering events to be competent and this means that Risk Assessments have to be completed for all events, including indoor events, coaching and training events and all normal events. Even level D events, which do not require a Controller still need a Risk Assessment to be reviewed and signed off by somebody who is classified as competent e.g. another Organiser or Controller. So it is important that Risk Assessments are completed rigorously and hazards specific to the event are identified, the outcomes and the likelihood of occurrence assessed and any mitigation measures are actually carried out. It must not become a box ticking exercise!

So it is important that as many Organisers as possible attend an Event Safety Workshop. This is a standard workshop, prepared by BOF, who supply the materials and content, and it has to be delivered by somebody authorised by BOF - in this case, myself. The workshop consists of a Powerpoint presentation, various 'group tasks', reporting back and discussion of the important issues raised.

This workshop will occupy the morning and in the afternoon there will be a workshop on the use of the 'Autodownload' software now in use with the SportIdent electronic punching system. This workshop will be lead by Alan Simpson.

Although primarily aimed at Devon Club members there are spaces available for others, who are active Organisers or who are interested in becoming an Organiser, to attend.

Jill Green, who will be leading the Event Safety Workshop.

[jill-green@bluevonder.co.uk](mailto:jill-green@bluevonder.co.uk) 01392 278512

Or

Alan Simpson, who will be leading the Autodownload Workshop  
[alansimpson16@blueyonder.co.uk](mailto:alansimpson16@blueyonder.co.uk) 01752 311367

Jill Green          DEVON

## SWOA FIXTURES

For up to date event information and further details please visit [www.britishorienteering.org.uk](http://www.britishorienteering.org.uk).  
This list includes all SWOA fixtures on the BOF database at 02/11/2010, up to 03 April 2011  
Please check BOF and club websites for latest information.

### May

- 22nd **Kerno SW Galoppen & Club Forest League 6** , Inny Foot Callington , SX380779  
Organiser: Peter Heywood, [peter@sythehouse.com](mailto:peter@sythehouse.com), 01503-269-289 Entry On Day:  
Senior £7.00, Junior £2.00, Student £2.00. , Punch Type: SI, No dogs allowed.  
Start Times: 11.00 - 13.30 [www.cornwallorienteering.org.uk](http://www.cornwallorienteering.org.uk)
- 25th **BOK Summer Informal** , Blaise Castle Bristol , ST556787  
Organiser: Christophe Mutricy, 0117 9593629 Entry On Day: Senior £TBC,  
Junior £TBC, Student £TBC. , Punch Type: None,  
<http://www.bristolorienteering.org.uk/>.
- 28th **NGOC Beginners 'Come and Try It' Event** , Oxstalls University Campus,  
Gloucester Gloucester , SO847194  
Organiser: Pat MacLeod, [pat\\_macleod@btinternet.com](mailto:pat_macleod@btinternet.com), 0159 452 8128  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
[www.ngoc.org.uk](http://www.ngoc.org.uk)

### June

- 1st **BOK Summer Informal** , Clifton and Durdham Downs Bristol , ST573748  
Organiser: Gwen Tanner, 0117 3777646 Entry On Day: Senior £TBC,  
Junior £TBC, Student £TBC. , Punch Type: None,  
[www.bristolorienteering.org.uk](http://www.bristolorienteering.org.uk)
- 4th **NGOC End of Season Score** , Mallards Pike North Cinderford  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,
- 5th **SARUM Moonraker Relay & Spanish Score event** , Collingbourne Woods  
Ludgershall , SU271527  
Organiser: Charlotte Thornton, [c.thornton53@googlemail.com](mailto:c.thornton53@googlemail.com), 01722 320 872  
Entry On Day: Senior £0.00, Junior £0.00, Student £TBC. , Punch Type: EMIT,  
Dogs on leads in car park area for safety; under control in woods  
Start Times: Registration from: 11.00 - 12.00 Starts as per handicaps - see flier –  
base time 12.00 noon EMIT hire Juniors: free [www.sarumo.org.uk](http://www.sarumo.org.uk)
- 5th **BOK 40th Anniversary Score, Klub Champs and party** , Cricket Pavilion,  
Bathampton Bath , ST779641  
Organiser: Sally Thomas, 01225 334611 Entry On Day: Senior £TBC,  
Junior £TBC, Student £TBC. , Punch Type: None,  
[www.bristolorienteering.org.uk](http://www.bristolorienteering.org.uk)
- 8th **BOK Summer Informal** , Ashton Court Bristol , ST554727  
Organiser: Richard Cronin, 0117 9239757 Entry On Day: Senior £TBC  
, Junior £TBC, Student £TBC. , Punch Type: None,  
[www.bristolorienteering.org.uk](http://www.bristolorienteering.org.uk)
- 12th **Devon League** , Bullers Hill Chudleigh , SX884848  
Organiser: Steve Perrelle, [steveperrelle@blueyonder.co.uk](mailto:steveperrelle@blueyonder.co.uk), 01803 401805  
Entry On Day Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
[www.devonorienteering.co.uk](http://www.devonorienteering.co.uk)
- 15th **BOK Summer Informal** , Ashton Hill Woods Bristol , ST525705  
Organiser: Richard Cronin, 0117 9239757 Entry On Day: Senior £TBC,  
Junior £TBC, Student £TBC. , Punch Type: None,  
[www.bristolorienteering.org.uk](http://www.bristolorienteering.org.uk)
- 22nd **BOK Summer Informal** , Purdown Bristol , ST610765  
Organiser: Richard Savage, 01934 838 720 Entry On Day: Senior £TBC,  
Junior £TBC, Student £TBC. , Punch Type: None,  
[www.bristolorienteering.org.uk](http://www.bristolorienteering.org.uk)



- 25th **WSX Summer Series** , Kings Park, Boscombe Bournemouth , SZ115927  
Organiser: Kay Sayer, k.sayer@ntlworld.com, 01202 484523 Entry On Day:  
Senior £2.00, Junior £1.00, Student £1.00. , Punch Type: SI,  
Start Times: 2.00pm - 4.00pm www.wessex-oc.org
- 26th **NWO Relay** , West Woods Marlborough  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None
- 26th **KERNO Club Forest League 7** , Hustyn Woods Wadebridge , SX998691  
Organiser: Rod Allday, rod@alldays.fsworld.co.uk, 01326 250733  
Entry On Day: Senior £7.00, Junior £2.00, Student £2.00. , Punch Type: SI,  
Dogs allowed. Start Times: 11.00 - 13.30  
www.cornwallorienteeing.org.uk
- 29th **BOK Summer Informal** , Leigh Woods Bristol , ST559733  
Organiser: Adam Potter, 0117 970 2860 Entry On Day: Senior £TBC,  
Junior £TBC, Student £TBC. , Punch Type: None,  
www.bristolorienteeing.org.uk

## July

- 2nd **QO Club Championships** , Neroche Taunton , ST271161  
Organiser: Mark Maynard, mayn8599@btinternet.com, 01823 251262  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. Punch Type: None,  
www.quantockorienteeers.co.uk
- 2nd **WSX Summer Series** , Littledown Centre Bournemouth , SZ124939  
Organiser: Kay Sayer, k.sayer@ntlworld.com, 01202 484523 Entry On Day:  
Senior £2.00, Junior £1.00, Student £1.00. , Punch Type: SI,  
Start Times: 2.00pm - 4.00pm www.wessex-oc.org
- 3rd **BOK Adams Avery Relays** , Dyrham Park Bath  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
www.bristolorienteeing.org.uk
- 6th **BOK Summer Informal** , Oldbury Court Bristol , ST634766  
Organiser: Laurence Gossage, 0117 3770157 Entry On Day: Senior £TBC,  
Junior £TBC, Student £TBC. , Punch Type: None,  
www.bristolorienteeing.org.uk
- 9th **WIM Canford and Merley Urban Event** , Canford Wimborne , SZ035989  
Organiser: Christopher Branford, chris@branford.eclipse.co.uk, 012584 53716  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
www.wimborne-orienteeers.org.uk/wim/index.htm
- 9th **WSX Summer Series** , Kings Park, Boscombe Bournemouth , SZ115927  
Organiser: Kay Sayer, k.sayer@ntlworld.com, 01202 484523 Entry On Day:  
Senior £2.00, Junior £1.00, Student £1.00. , Punch Type: SI,  
Start Times: 2.00pm - 4.00pm www.wessex-oc.org
- 10th **WSX Hardy Relay** , Upton Country Park Poole , SY993930  
Organiser: Foxie Loxie, lizlockton@fsmail.net, 01258 858295 Entry On Day:  
Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
[www.wessex-oc.org](http://www.wessex-oc.org)
- 13th **BOK Summer Informal** , Kingswood School Bath , ST743667  
Organiser: Hanne Kinnunen Entry On Day: Senior £TBC, Junior £TBC,  
Student £TBC. , Punch Type: None, www.bristolorienteeing.org.uk
- 16th **WSX Summer Series Final** , Littledown Centre Bournemouth , SZ124939  
Organiser: Kay Sayer, k.sayer@ntlworld.com, 01202 484523 Entry On Day:  
Senior £2.00, Junior £1.00, Student £1.00. , Punch Type: SI,  
Start Times: 2.00pm - 4.00pm www.wessex-oc.org
- 17th **Devon Relays** , Five Tors Tavistock , SX531751  
Organiser: Matthew Atkins, ma.atkins@blueyonder.co.uk, 01392 277516  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
www.devonorienteeing.co.uk
- 24th **KERNO Club Forest League 8** , Dunmere Wood Bodmin , SX061686  
Organiser: Rod Allday, rod@alldays.fsworld.co.uk, 01326 250733 Entry On Day:  
Senior £7.00, Junior £2.00, Student £2.00. , Punch Type: SI, Dogs allowed.  
Start Times: 11.00 - 13.30 www.cornwallorienteeing.org.uk
- 24th **WIM Furrow Hoppers Relay**  
Please see [www.wimborne-orienteeers.org.uk](http://www.wimborne-orienteeers.org.uk) for details and to confirm the date

## August

- 21st **KERNO Informal event** , Pencalenick Truro , SW856455  
Organiser: Rod Allday, rod@alldays.fsworld.co.uk, 01326 250733  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
www.cornwallorienteeing.org.uk

## September

- 4th **Devon Score** , Fire Beacon Cottage Sidmouth , SY110915  
Organiser: Jill Green, 01392 278512 Entry On Day: Senior £TBC, Junior £TBC,  
Student £TBC. , Punch Type: None,
- 4th **BOK Try Orienteering** , tbc tbc  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
www.bristolorienteeing.org.uk
- 10th **NGOC Chairman's Challenge** , Danby Lodge Lydney  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
www.ngoc.org.uk
- 10th **WSX Informal** , Delph Woods Poole  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
www.wessex-oc.org
- 11th **BOK Local & Avon Schools League** , Ashton Court Bristol  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
www.bristolorienteeing.org.uk
- 17th- **DEVON Caddihoe Chase Weekend 17th Caddihoe Chase Day 1 &**  
18th **SWOA Champs** , Burrator Yelverton , SX555691  
Organiser: Alan Simpson, alansimpson16@blueyonder.co.uk, 01752 311367  
Online entry through www.fabian4.co.uk No Entry On Day. Entries Close: TBC ,  
Punch Type: SI, Dogs: On lead at all times Start Times: 1200 - 1500  
www.devonorienteering.co.uk
- 18th Caddihoe Chase Day 2 Chasing Start** , Burrator Yelverton , SX555691  
Organiser: Alan Simpson Entry On Day: Senior £TBC, Junior £TBC,  
Student £TBC. , Punch Type: None, www.devonorienteering.co.uk
- 25th **KERNO Club Forest League 9** , Middle Bedalder Bodmin , SX145713  
Organiser: Susan Morton, peter.morton2@virgin.net, 01579 363140  
Entry On Day: Senior £7.00, Junior £2.00, Student £2.00. , Punch Type: SI,  
No dogs allowed. Start Times: 11.00 - 13.30 www.cornwallorienteeing.org.uk
- 25th **BOK Long O** , tbc tbc  
Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,  
www.bristolorienteeing.org.uk

## A CAUTIONARY TALE

I was recently surveying on Haldon Hill and parked in the Forestry Commission car park at Bullers Hill.

Signs all over the place.”Look after your property -put it out of sight” It was a Saturday and the car park was busy. I duly put all the items into the boot and locked up the car.

I went out into the forest with my small rucksack with my survey equipment, some refreshments and camera. On my return the car was still there untouched - no damage. The bag went into the boot. I ate the rest of my sandwiches and drank the rest of my tea. I then drove home -perhaps half an hour.

I parked in the drive taking in my survey boards. My wife asked if I would I like some tea. “Yes please.”

I then went out a little later to empty the car. As I was going out again on Sunday and would probably return to Bullers Hill on Monday for some more surveying I left my survey equipment in its bag in the boot of the car. And locked the car.

On Sunday we were going to have lunch with my Son and family. Where is the camera?

Not in the car nor inside the house. The bag I had been carrying was also missing. I recall afterwards that the items in the boot look as though they had been sorted.

Could I have left it out in the forest? I did recall having put the bag on the floor to slide under a barbed wire fence close to the car park. Could it be there? So on our way to lunch I slipped back into the forest. NO bag or camera?

On Monday I reported the camera missing to the Police. The SOC (Scenes of Crime) lady was around in 30 minutes trying to get a fingerprint. I had a visit from the local policeman later that morning and the Insurance took the details.

It turns out that some 14 cars were raided in the valley and sundry items went missing on the Saturday evening and night including my camera. Our only conclusion was that the theft took place during my cup of tea time.

***The Cautionary Tale is you are not always at risk in the most out of the way places. The home drive is just as vulnerable so lock your car on your drive even if you are just going inside the house for a cup of tea.***

Erik Peckett      DEVON

**Volunteers ....  
can develop their existing skills and knowledge**

## **RESULTS**

### **INTERLAND**

D20	Lucy Butt	SARUM	1 <sup>st</sup>
D50	Alison Simmons	BOK	3 <sup>rd</sup>
	Kirsty Staunton	WIM	5 <sup>th</sup>
H14	Michael Hallett	BOK	6 <sup>th</sup>
H40	Clive Hallett	BOK	6 <sup>th</sup>
	Dale Paget	WSX	8 <sup>th</sup>
H50	Gavin Clegg	WSX	3 <sup>rd</sup>
Reserves ran in an alternative race.			
H17	Adam Potter	BOK	2 <sup>nd</sup>
H50	John Rye	RMOC	1 <sup>st</sup>

### **SOUTHERN CHAMPIONSHIPS**

#### **WINNERS AND CHAMPION**

M16A	Adam Potter	BOK	M21E	Matthew Crane	BOK
M75L	Bill Vigar	QO	M80L	Richard Arman	WSX
W55L	Alison Simmons	BOK	W70L	Vikki Crawford	WIM
W80	Anne Donnell	BOK			

#### Winners

M18S	Jack Kelsey	BOK	M20L	James Parkinson	DEVON
M35S	Philip Harvey	WIM	M55S	Kevin Pickering	WIM
W18L	Lucy Butt	SARUM	W20L	Abigail Kerr	BOK
W50S	Jackie Hallett	BOK	W55S	Hilary Pickering	WIM

#### 2<sup>nd</sup> Place

M18S	Stuart Hanstock	BOK	M21S	Mark Burley	BOK
M50S	Nigel Benham	SARUM	M55L	Gavin Clegg	WSX
M55S	Barry Olds	KERNO	M60S	Roger Coe	NGOC

M75L	Lin Callard	NGOC	W18E	Lucy Butt*	SARUM
W21E	Grace Crane*	BOK	W40S	Wendy Bullen	WIM
W45L	Jackie Butt*	SARUM	W50L	Alice Bedwell	BOK
W60L	Katy Dyer*	BOK	W65L	Sally Thomas*	BOK
W80	Pat Grenfell	BOK			

\*Means the person is the Southern Champion

### 3<sup>rd</sup> Place

M10A	Joseph Hudd	BOK	M12A	Eddie Narbett	BOK
M21L	Stephen Malison	WIM	M21S	Simon Branford	WIM
M35S	James Head	NWO	M55L	John Rye	RMOC
M60S	Richard Raynsford	BOK	W21L	Rebecca Ellis	WIM
W40L	Melanie Rayner	WIM			

## SW MIDDLE DISTANCE CHAMPIONSHIPS

These were held in conjunction with the BOK Trot in a two day event at the start of April. The Middle Distance Championships were held on Stock Hill. There were a large number of competitors from all over the SW, South and Midlands.

### SW Champions and Class Winners

M10	Joseph Hudd	BOK	M12	Alexander Buck	SARUM
M14	Michael Hallett	BOK	M16	Adam Potter	BOK
M18	Ben Maliphant	BOK	M20	Jamie Parkinson	DEVON
M21	Matthew Crane	BOK	M45	Clive Hallett	BOK
M40	Mark Saunders	BOK	M75	Bill Vigar	QO
M55	Gavin Clegg	WSX	W10	Rachel Potter	BOK
M80	Richard Arman	WSX	W21	Grace Crane	BOK
W14	Chloe Potter	BOK	W60	Sue Hands	WIM
W55	Pauline Olds	KERNO	W70	Vikki Crawford	WIM
W65	Clare Fletcher	BOK	W80	Anne Donnell	BOK

### SW Champions although not class winners

M35	Charles Daniel	BOK	M50	David Hunt	BOK
M60	Trevor Crowe	BOK	M65	Ian Peirce	SARUM
M70	Richard Brightman	WIM	W40	Sheila Braine	QO
W45	Alex Way	DEVON	W50	Alison Simmons	BOK

## BRITISH SPRINT CHAMPIONS

### Champions

W10	Rachael Potter	BOK	M16A	Adam Potter	BOK
M55A	Gavin Clegg	WSX	M80A	Richard Arman	WSX
W14A	Chloe Potter	BOK			

### Winners

M35B	Shane Only	KERNO	M40B	Paul Gebbett	BOK
M45B	Clive Hallett	BOK	W65B	Charlotte Thornton	SARUM
W70B	Vikki Crawford	WIM			

### 2<sup>nd</sup> Place

M50A	Mark Saunders	BOK	M65A	Christopher Blandford	WIM
M65B	Trevor Bridle	WIM			

### 3<sup>rd</sup> Place

M60B	Ian Sayer	WSX	M65A	Neil Cameron	NGOC
W50A	Alice Bedwell	BOK	W55A	Kirsty Staunton	WIM
W60A	Sue Hands	WIM			

## BRITISH MIDDLE DISTANCE CHAMPIONS

### Champions

M80 Richard Arman WSX  
W10 Rachael Potter BOK  
W55 Kirsty Staunton WIM

### 2<sup>nd</sup> Place

M12 Eddie Narbett BOK M50 Mark Saunders BOK  
M55 Gavin Clegg WSX W21 Grace Crane BOK

### 3<sup>rd</sup> Place

W14 Chloe Potter BOK W50 Alice Bedwell BOK  
W70 Vikki Crawford WIM

## JK CHAMPIONS

### Sprint Day 1.

#### Champions

M21E Matthew Crane BOK M80 Richard Arman WSX  
W70 Vikki Crawford WIM W80 Anne Donnell BOK

### 2<sup>nd</sup> Place

W10 Rachael Potter BOK W50 Alice Bedwell BOK  
W60 Sue Hands WIM W80 Pat Grenfell BOK

### 3<sup>rd</sup> Place

M50 Mark Saunders BOK M55 Gavin Clegg WSX  
W14 Chloe Potter BOK W55 Alison Simmons BOK

### Overall Days 2 & 3

#### Champions

M55L Rob Parkinson DEVON W55L Alison Simmons BOK  
W70L Vikki Crawford WIM W80 Anne Donnell BOK

### Winners:

W12B Millie Stagg BOK

### 2<sup>nd</sup> Place

M18S Jack Kelsey BOK M20L Jamie Parkinson DEVON  
M21E Matthew Crane BOK M21S Timothy Longley BOK  
W18L Shona Simmons BOK W70S Freda Peirce SARUM  
W80 Pat Grenfell BOK

### 3<sup>rd</sup> Place

M80 Richard Arman WSX W18E Lucy Butt SARUM  
W18L Jessie Benjamin BOK W50L Alice Bedwell BOK  
W65L Anne Hughes DEVON W80 Pella Rye WSX

### Relay. Day 4

#### Champions

Mixed Ad Hoc  
SARUM Rockets Sophie Davie Declan Gray Ben Chesters

2<sup>nd</sup> Place

M48-

BOK Blizzards

Adam Potter

Michael Hallett

Ben Maliphant

3<sup>rd</sup> Place

Women's Short

BOK Trumpets

Alison Simmons

Abigail Kerr

Hanna Kinnunen

M/W 40-

DEVON Raiders

Ed Gow Smith

James Dean

Jake Belston

JK String Courses are too  
much for little Legs!

Lottie and Richard Jackson



### GALOPPEN 2010/2011

We will only be scoring the 7 current courses, brown, blue, green, short green, light green, orange and yellow. If there are other courses available at galoppen events they will not be scored. Thus if a person chooses to do the short blue course because it matches up with his/her age class that is obviously their choice but it will not be scored.

To be considered for the prizes you must have competed in at least **three** events in the series. This is especially important in the junior courses of Light Green, Orange and Yellow.

David & Jan Holmes      QO

### GALOPPEN TABLES

The results shown are after 7 events. Only the people with more than 1500 points are shown. A complete list can be found on the SWOA website at

[www.sworienteringassociation.co.uk](http://www.sworienteringassociation.co.uk).

Brown

1 Clive Hallett	BOK	M45	1000	1000	0	4833	5
2 Ben Chesters	SARUM	M21	0	890	1000	3675	4
3 Steven Horsler	WIM	M40	848	725	954	3287	4
4 Phil Newall	KERNO	M45	0	685	789	2879	4

5 Kelvin Davies	BOK	M45	653	0	675	2549	4
6 Andrew McNally	WIM	M21	742	0	836	2370	3
7 Christopher Rhodes	NWO	M21	833	0	0	2364	3
8 Mark Larcombe	QO	M50	518	0	570	2120	4
9 Pete Maliphant	BOK	M50	669	0	0	2041	3
10 Rob Hick	WSX	M50	0	0	661	1949	3
11 Ian Bartlett	QO	M40	0	0	0	1880	3
12 Pete Ward	NGOC	M40	867	0	0	1773	2
13 Mark Bentley	WIM	M40	0	782	937	1719	2

Blue

1 Gavin Clegg	WSX	M55	921	1000	1000	3921	4
2 Adam Bettiss	SARUM	M21	600	692	697	3554	6
3 Melanie Rayner	WIM	W40	758	781	858	3264	4
4 Trevor Griffiths	BOK	M60	712	0	812	3125	4
5 Alison Simmons	BOK	W55	0	689	0	3088	4
6 John Whittingham	WIM	M40	787	721	848	3058	4
7 Brian Fletcher	QO	M35	737	680	0	3049	4
8 Phil Warry	BOK	M55	555	536	0	2851	5
9 Tamsin Horsler	WIM	W40	680	585	822	2843	4
10 John Chesters	DEVON	M55	0	674	774	2699	4
11 David Mullins	SARUM	M60	625	535	0	2647	4
12 David Battison	SARUM	M60	603	580	720	2554	4
13 Mike Furlong	WIM	M50	0	521	0	2458	4
14 Richard Savage	BOK	M45	804	0	844	2449	3
15 John Simmons	BOK	M55	0	734	0	2445	3
16 Tess Stone	DEVON	W40	0	0	621	2444	4
17 Matthew Knipe	QO	M45	438	451	517	2433	7
18 Sandy Burgon	BOK	M50	776	674	0	2273	3
19 Ian Peirce	SARUM	M65	594	0	825	2199	3
20 Alan Richards	NGOC	M60	633	0	0	2091	3
21 Nick Nourse	NWO	M45	741	640	697	2079	3
22 Adele Newall	KERNO	W45	0	651	662	2052	3
23 Chris Johnson	BOK	M55	586	0	676	2041	3
24 Louise Benjamin	BOK	W45	507	0	0	1767	3
25 Arthur Vince	KERNO	M70	0	0	0	1731	3
26 Jason Falconer	WSX	M35	0	780	0	1723	2
27 James Head	NWO	M35	531	0	626	1722	3
28 Brian Hodge	WIM	M45	0	555	575	1697	3
29 Rosie Wych	QO	W55	533	532	611	1676	3
30 Isla Simmons	BOK	W18	0	0	0	1665	2
31 Graham Hartley	QO	M45	0	0	754	1639	2
32 David Palmer	BOK	M60	0	0	0	1635	2
33 Chic Young	SARUM	M50	0	0	520	1567	3
34 Pat Benjamin	BOK	M45	720	0	0	1521	2

Green

1 Richard Raynsford	BOK	M60	600	736	848	4114	7
2 Tony Hext	QO	M60	648	816	1000	4008	6
3 Bill Vigar	QO	M75	0	804	815	3760	5
4 Michael Hallett	BOK	M14	712	992	915	3619	4
5 John Trayler	QO	M65	540	0	0	3323	5
6 Mike Kite	WIM	M60	530	600	789	3278	6
7 Tony Milroy	QO	M60	0	669	0	3060	5
8 Bill Brown	WSX	M70	487	708	709	3048	5
9 Robin Walker	BOK	M70	398	592	693	2938	6
10 Rachel Dennis	BOK	W40	650	0	835	2899	4
11 Sue Hands	WIM	W60	611	693	0	2848	4
12 Roger Hateley	DEVON	M65	464	0	699	2806	5
13 Mike Christopher	WIM	M55	765	1000	986	2750	3
14 Denise Mullins	SARUM	W55	500	565	0	2696	5
15 Lin Callard	NGOC	M75	587	0	0	2224	3
16 Richard Brightman	WIM	M70	583	748	890	2221	3
17 Ruth Chesters	DEVON	W60	0	662	553	2207	4
18 Sandy Cowan	KERNO	M65	350	0	0	2116	5
19 Ken Stimson	NWO	M60	530	0	885	2102	3
20 Martin Cross	WIM	M65	482	706	896	2084	3
21 Tony Nott	BOK	M70	489	0	791	2081	3
22 Helen Kelsey	BOK	W50	0	0	792	2073	3
23 David Holmes	QO	M60	0	781	793	2016	3
24 Frances Alexander	NGOC	W65	395	480	572	1980	4
25 Chris Moon	BOK	M60	537	0	811	1972	3

26	Caroline Potter	BOK	W45	396	0	425	1952	4
27	Caroline Christopher	WIM	W60	473	641	807	1921	3
28	Dudley Budden	BOK	M65	0	0	0	1808	2
29	Jemma Davie	SARUM	W20	0	0	748	1781	3
30	John Parker	BOK	M75	0	620	0	1741	3
31	Jane Holcombe	BOK	W40	390	0	628	1721	3
32	David Lee	NGOC	M70	375	0	700	1707	3
33	Jane Smith	WIM	W40	0	673	556	1694	3
34	Roger Hills	WIM	M75	0	584	693	1642	3
35	Laurence Gossage	BOK	M60	0	0	912	1627	2
36	Katherine Pike	WIM	W45	0	591	679	1621	3
37	Kerrie Benham	SARUM	W45	464	0	692	1577	3
38	Nicola Brooke	WSX	W45	0	746	784	1529	2

#### Short Green

1	Mike Crockett	QO	M75	952	0	0	4952	5
2	Charlotte Thornton	SARUM	W65	894	726	937	4430	7
3	Christine King	BOK	W60	785	879	0	3786	5
4	Richard Thornton	SARUM	M65	829	716	601	3776	7
5	Richard Arman	WSX	M80	810	711	797	3703	5
6	Helen Bolton	WIM	W45	970	0	1000	3590	4
7	Anne Donnell	BOK	W75	871	0	619	3585	6
8	Susan Hateley	DEVON	W65	711	0	737	3410	5
9	Clare Fletcher	BOK	W65	894	821	805	3223	4
10	John Coleman	NGOC	M75	767	803	875	3123	4
11	Patricia Walker	BOK	W65	627	562	416	2733	5
12	Tim Spenlove-Brown	QO	M65	0	0	0	2586	3
13	Joan Hambleton	SARUM	W65	0	0	660	2108	3
14	Vikki Crawford	WIM	W65	888	0	0	1804	2
15	Roy Morgan	WSX	M70	0	561	659	1801	3
16	Eric Whapples	WSX	M60	0	0	871	1693	2
17	David Parkin	BOK	M75	0	0	0	1610	2
18	Gillian Cross	WIM	W65	812	0	757	1569	2
19	Chris Brown	WSX	W70	632	0	0	1562	3

#### Light Green

1	Norman Harvey	QO	M65	707	771	731	769	3913	7
2	Adrian Dawson	SARUM	M50	0	685	570	581	2761	5
3	Ellie Stone	DEVON	W14	868	0	0	0	2414	3
4	Tamsin Dinnage	NWO	W21	0	880	0	0	2210	3
5	Jenn Hudd	BOK	W40	0	603	0	0	2033	3
6	Fraser Smith	WIM	M14	0	0	1000	1000	2000	2
7	Anna Robinson	BOK	Y10G	0	897	0	0	1897	2
8	Lisa White	SARUM	W16	0	0	809	889	1689	2
9	Jessie Benjamin	BOK	W16	0	0	0	0	1520	2
10	Rebecca Whittington	WIM	W14	0	0	845	617	15162	2

#### Orange

1	Chloe Potter	BOK	W14	0	0	1000	2000	2
2	Eleanor Robinson	BOK	W14	1000	0	0	2000	2
3	Georgia Puckett	WIM	W14	0	1000	0	1662	2
4	Holly Puckett	WIM	W14	0	889	0	1388	2
5	Rebecca Whittingham	WIM	W12	0	0	835	1357	2
6	Jan Daniels	QO	W50	0	692	0	1339	2
7	Gaye Callard	NGOC	W70	0	0	0	1281	2
8	Lorrain Puckett	WIM	W40	0	921	0	1257	2
9	Sam Giles	SARUM	M16	0	0	0	1000	1
10	Alice Kelly	DEVON	W16	0	0	0	1000	1
11	Alexander Buck	SARUM	M12	0	987	0	987	1
12	Hilary Dunford	WSX	W55	0	690	0	961	2
13	Anne Bolton	WIM	W20	0	0	0	917	1
14	Sandy Hathaway	BOK	W45	0	0	0	898	1
15	Asilah Jarrald	DEVON	W21	0	889	0	889	1

#### Yellow

1	Zac Hudd	BOK	M10	1000	1000	0	4885	5
2	Joe Hudd	BOK	M10	606	840	0	3639	5
3	James Dean	DEVON	M12	0	0	0	2973	3



4 Eddie Narbett	BOK	M12	981	0	0	1934	2
5 Sarah Horsler	WIM	W10	449	450	548	1447	3
6 Pippa Savage	BOK	W12	530	0	703	1232	2
7 Dominic Cook	DEVON	M12	0	0	0	1000	1
8 Rachel Potter	BOK	W10	0	0	1000	1000	1
9 Jake Belsten	DEVON	M12	0	0	0	998	1
10 Paris Ward	DEVON	M12	0	0	0	968	1

## Galoppen Trophies



## Volunteers can develop their existing skills and knowledge

**BOF BOARD OF DIRECTORS:** Neil Cameron, Mike Forrest  
Scott Collier

**SWOA REPRESENTATIVES ON BOF COMMITTEES:**  
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**INTERNATIONAL:** Jeff Butt  
**RULES GROUP:** Arthur Vince  
**SENIOR COMPETITIONS.:** Scott Collier

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