

**RULES FOR SOUTH WEST ORIENTEERING CHAMPIONSHIPS  
HELD UNDER THE AUSPICES OF SWOA.**

1 These rules apply to championships for Long Distance, Middle Distance, Sprint Distance and Night orienteering, as defined by British Orienteering (BOF).

2 Event Levels and Format:

2.1 Championship events shall be organised and planned according to BOF Rules and Appendices. They should be national or regional events; the Long Distance event shall normally be a national event. The date, organising club and venue shall be agreed by the SWOA Executive Committee.

2.2 Sprint Distance Championships: there shall be two races, a Prologue and a Final. The SW Sprint Championships (under British Sprint Championship format) will have a first race each day (the Prologue), which is used to determine the running order in the Final and where there are sufficient entries, to allocate them to heats. The Championship results are based solely on the final, but both results attract ranking points. If any untoward behaviour was observed, it would be possible for a competitor who considers themselves to be disadvantaged, to raise a complaint/protest. The new SW Sprint will be considered as one event for levy purposes.

3 Only members of SWOA are eligible for awards.

4 Awards will be given to each junior class in two year intervals (M/W10 to 20 in two year steps) and each senior class (M/W21 and M/W35 to 85 in 5 year steps).

5 When Short classes for seniors and B classes for juniors are provided, championship awards will only be given for the Long classes for seniors, and the A classes for juniors.

6 Entries shall be made by age class, and classes allocated to courses in accordance with BOF Rules and Appendices, December 2016. If a competitor chooses to “run up” – for example an M16 to run M18, or a W35 to run W21 – then they must enter the age class that they wish to be competitive in, not their actual age class. The pre-event publicity, entry system and final information must make this and the course/class allocations clear.

7 The minimum award shall be a certificate to the age class winner. SWOA may choose to provide mementos or perpetual trophies for class winners. The organising club may choose, particularly for Middle and Sprint championships where each course may have several classes on it, to give mementos to the male and female course winners. The organising club may choose to give certificates to B and Short class winners but these will not be Championship certificates.

*Version 1 of these Rules agreed at the SWOA Committee meeting of 8<sup>th</sup> December 2010.*

*Version 2 includes the format for the Sprint Championships agreed at the SWOA Committee meeting of 28<sup>th</sup> February 2012.*

*Version 3 includes the format for the Sprint Championships agreed at the SWOA Committee meeting of 7<sup>th</sup> December 2016.*

*Version 4 includes changes of event category names: ‘Level B’ now ‘national’, ‘Level C’ now ‘regional’*