

BOK/SWOA First Aid Refresher course

Sunday 25 January 2015

There will be a First Aid Refresher course in Bristol organised by BOK. It is open to all members of SWOA and is supported by a grant from SWOA. Note that it is not a First Aid qualification course and you need to have a valid HSE First Aid certificate to attend eg Emergency First Aid, First Aid at Work. Details of the course are:

Date: Sunday 25 January 2015.

Time: 1530 to 1830 (after the BOK/ASO event at National Trust Tynesfield, North Somerset)

Location: 19 Bramble Drive, Bristol BS9 1RE. Katy Dyer's house

Refreshments: Hot/cold drinks. Baked potatoes to order after the course.

Tutor: Ron Thomas of Frenchayfirstaid.

Course content: Revision of CPR, basic First Aid for fractures, bleeding, hypo and hyperthermia. Practise of casualty care in realistic conditions (in the garden in the evening).

Certificate: All candidates will receive a certificate.

Cost: Free to members of BOK.

£20 to members of SWOA clubs. This is a maximum and will be much less pending SWOA grant decision at the next SWOA committee meeting 21 Jan 2015.

Nos students: Ten maximum. Another course will be run if there is demand.

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