

Congratulations to the SW athletes who did so well in the British Sprint and Middle Championships – more details below.

I hope you all enjoyed the Caddihoe races at the beginning of September. Well done to all our new SW Champions – details on the SWOA website. Thanks should also go to those camping overnight on Saturday who had to rescue one of the marquees which blew over at 3 am ...

SWOA has its next committee meeting on Wednesday 4th October, in Taunton.

Please send news of your training courses, publicity for future events, and anything else from clubs that needs to be seen across the region, to :

christine.vince2@btinternet.com

Christine Vince KERNO

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Courses

Unfortunately, there were insufficient numbers to run the Level 2 Orienteering Coaching Course, planned by BOK to take place over the weekend 14/15th October 2017. BAOC occasionally run coaching courses, details of which are on the BAOC website under Events, and on the BOF website under Training Courses.

BOK Organiser's Course and Event Safety Workshop

Saturday 21 October 2017 at
Avon Riding Centre for the Disabled in Blaise, Bristol
The Organiser's course will be in the morning –
the Event Safety Workshop in the afternoon
The flyer is on the SWOA website under Latest News

Event Safety Workshop

Organised by WSX / WIM
Saturday 02 December 2017 at Avon Heath Country Park
The flyer is on the SWOA website under Latest News

Conferences

SWOA Planning Conference

on Saturday 7th October 2017, 1000 to 1700
at WESC, Topsham Rd, Countess Wear, Exeter

For last minute places, please contact Christine Vince.

Colour Coded Awards

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain). Badges cost £1.50 for Juniors (20 & under) or £2.50 for Seniors (21 & over) – please note the change in price, as SWOA has ordered some new badges (these prices are subsidised by SWOA). If applying by post, please make cheques payable to SWOA and enclose a stamped addressed envelope. My address is: 34, Westfield House, Cote Lane, Bristol BS9 3TJ. Sorry no E-mail.

Anne Donnell BOK

SWOA News

British Sprint and Middle Championships 2017

Congratulations to all those on the podium at the British Sprint and Middle Championships this year – especially to Jamie Parkinson DEVON who made a clean sweep of the MOpen Sprint and the 21 Middle.

Also to M14 Jim Bailey BOK and W55 Alice Bedwell BOK, who also won both their classes in the Sprint and Middle.

Sprints

- M14 – 1st – Jim Bailey BOK
- MOpen – 1st – Jamie Parkinson DEVON
- M75 – 1st – Keith Henderson WIM
- M16 – 2nd – Flurry Grierson DEVON
- M35 – 3rd – Ben Chesters DEVON
- M60 – 3rd – Rob Parkinson DEVON

- W35 – 1st – Jane Baldock BOK
- W40 – 1st – Rachael Leathwood BOK
- W55 – 1st – Alice Bedwell BOK
- W60 – 1st – Alison Simmons BOK
- W10 – 2nd – Grace French WIM
- W35 – 3rd – Tereza Maria Rush BOK

Middles

- M14 – 1st – Jim Bailey BOK
- M21 – 1st – Jamie Parkinson DEVON
- M45 – 1st – Andrew Munro NGOC
- M60 – 1st – Brian Johnson WIM
- M10 – 2nd – Oliver Tonge BOK
- M35 – 2nd – Ben Chesters DEVON
- M50 – 2nd – Clive Hallett BOK
- M10 – 3rd – Harry Bratcher-Howard WIM
- M55 – 3rd – Mark Saunders BOK
- M70 – 3rd – Tom Lillicrap DEVON

- W20 – 1st – Cecilie Andersen BOK
- W55 – 1st – Alice Bedwell BOK
- W60 – 1st – Jackie Hallett BOK

- W75 – 1st – Clare Fletcher BOK
W10 – 2nd – Lyra Medlock WSX
W18 – 2nd – Lucy Tonge BOK
W35 – 2nd – Jane Baldock BOK
W35 – 3rd – Tereza Maria Rush BOK
W60 – 3rd – Alison Simmons BOK

JK 2021

JK 2021 is coming to the SW in less than four years' time! It is being staged down in Cornwall, and we are fortunate that we have already found the planners for all four days. We will need Day Organisers plus a number of Team Leaders so, if you are interested, please contact Christine Vince.

The Chairman's Challenge (SWOA Summer Relay Series)

The Chairman's Challenge needs a new Scorer!

The SWOA chairman would like to thank Gavin for his work over the past four years in co-ordinating and scoring the Summer Relay Series. Quite rightly he feels that it is time that someone else had a go, so here is the job description:

1. Around August / September contact the six relevant clubs to get at least a date and preferably a venue for the following year's competition.
2. Send the agreed fixtures to Nath Fernandes (SWOA web manager) to update the SWOA website.
3. Review the rules and submit any suggested amendments to SWOA.
4. Around February, ask the SWOA Chairman to publicise the relays!!
5. June / July – analyse the results of each relay and score according to the rules.
6. Send an updated league spreadsheet and a few words about the event and league to Nath and the SWOA Chairman after each event – preferably on the day after.
7. Update the Relay History file.

If you are interested, please contact Christine Vince.

BOF News

Sport England Grant for SARUM

Sport England has awarded Sarum Orienteering Club a grant of £8,865 towards the costs of a project aimed at growing participation in the sport. The *Sarum Greenshoots* project will establish a weekly after-school junior club to give the

experience of the sport to youngsters and families new to orienteering as well as those already involved. The junior club will meet on Monday evenings after school during term times starting in September this year and will be lead by Junior Development Officer Phil Conway.

Sarum Chairman Ian Peirce, said: *“We are delighted that Sport England has chosen to support this project which we hope will give youngsters and their families an experience of an exciting outdoor sport that is available to people of all ages and skill levels.”*

Club Coach Liz Yeadon, said: *“This will provide us with the resources to provide entry-level skills and training for newcomers to orienteering as well as developing the capabilities of more experienced orienteers. The programme will provide opportunities for youngsters to move on to the regional squad and, potentially, into national and international competitions.”*

EGM and Club & Association Conference

Would you please exercise your vote – in person or by proxy – for the EGM on 14th October. It is we – the individuals – who are “BOF” and we have a joint responsibility for its governance.

Saturday, 14th October 2017 at 11:00 am

EGM - An Extraordinary General Meeting of British Orienteering has been called to take place at The Studio, Riverside West, Whitehall Road, Leeds, LS1 4AW. The EGM has been called to make a number of changes to the Articles of Association:

- a. To formally include the Isle of Man in the territories over which British Orienteering governs the sport of orienteering. The Isle of Man is a self-governing British Crown dependency in the Irish Sea between England and Ireland, not a part of the UK & NI and is currently not included in the territories covered by British Orienteering.
- b. To clarify the situation regarding Directors who have served their maximum term in office. Currently, the situation is unclear and we would like to follow the good practice identified in the new governance code by making it a minimum period of 4-years during which a director cannot stand again. This is in line with good practice and a change required by Government.
- c. To clarify the membership of the Appointments Panel that is used to make nominations to the Board regarding independent directors. This is also in line with the new Governance Code of Practice and required by Government.

Every member of British Orienteering over 16 is entitled to attend and vote. A member is entitled to appoint another person as their proxy to exercise all or any of their rights to attend and to speak and to vote at the meeting.

Club & Association Conference -The EGM will be followed by the 2017 Club & Association Conference. Your club and association are each entitled to send up to 2 members to represent your views. The theme of the conference will be to consider our competitions and local events and the part they play in delivering our Strategic Plan. This is a theme that should interest everyone as it looks at the heart of the sport from local events through to major events.

Of course, there will also be opportunity for your club or association to raise matters that are important to them and if your club or association has a topic you would like considering for inclusion in the Conference agenda please let us know – it must be an item that you think will be of interest to a wide group of clubs and associations of course.

Orienteering Foundation

The Orienteering Foundation relies on our many generous donors to build a cash fund that the Trustees of the charity can use to support innovation or alleviate hardship and thus help develop UK orienteering. As a charity, donations often benefit from Gift Aid, greatly increasing the money raised from each donation made by a tax-payer.

For example, we have supported the Junior Regional Squads, the British Schools Orienteering Association, and an athlete selected for the European Trail-O Championships. Recently we ran a highly successful fund-raising project that raised over £10,000 to support the athletes selected for the World Orienteering Championships. All the projects we have funded, many with reports, can be found at www.orienteeringfoundation.org.uk/projects-funded .

You can find more detail about the Orienteering Foundation on our website www.orienteeringfoundation.org.uk . You can also follow us at <https://www.facebook.com/orienteeringfoundation/> and <https://twitter.com/oringfoundation> .

We welcome new donors and donations to support our work (see www.orienteeringfoundation.org.uk/donate) . We also seek further grant applications (see www.orienteeringfoundation.org.uk/apply-for-funding) .

The Trustees (see www.orienteeringfoundation.org.uk/contacts) meet four times a year (once a year face-to-face, the rest by conference call) and would welcome discussions with anyone interested in becoming a Trustee, or taking on a new role called an Orienteering Foundation Ambassador.

Why not make a donation (one-off, regular, or in a will), submit a grant application, or consider becoming a Trustee or an Ambassador? The sport we all love would benefit.

By Neil Cameron, chair@orienteeringfoundation.org.uk

Events

Southern Night Championships, Saturday 2nd December 2017

The Chilterns Night & Day events will be held on Saturday and Sunday, 2nd and 3rd December, on Penn Wood and Common Wood. The Southern Night Championships will be on Saturday evening, and the SCOL4 colour coded event will be held on Sunday morning. Pre-entry only, via Fabian4; entries close on 26th November. Details at www.tvoc.org.uk .

Events Diary

8th October – SARUM Galloper, Foxbury

15th October – WSX Dorset Delight

22nd October – DEVON CompassSport Final, Virtuous Lady

5th November – SOC November Classic, Highland Water

12th November – DEVON Galloper, Haytor

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The views expressed in SINS are not necessarily those of the Editor, contributors or the South West Orienteering Association