Susan Hateley, DEVON

SINS editor, 2004 - 2015

It is very sad to hear that Susan Hateley of DEVON has died. She was a good editor of SINS for many years, a fine orienteer and a willing helper. Details of her funeral are on the DEVON website.

Congratulations to the 2018 JK Champions from the SW:

Sprint: Paul Pickering WIM, MOpen; Clive Hallett BOK, M55; Annabel Pickering WIM, WOpen; Tereza Maria Rush BOK, W35.

Middle distance: Tom Lillicrap DEVON, M70; Chloe Potter BOK, W20E; Alice Bedwell BOK, W55; Jackie Hallet BOK, W60.

Long distance: Ella May Rush BOK, W12; Alison Simmons BOK, W60.

Relay: BOK H (Ifor Powell, Christopher Kelsey, Clive Hallett), Veteran Men (M165+).

SWOA has its next committee meeting on Wednesday 8th May 2018, in Taunton.

Please send news of your training courses, publicity for future events, and anything else from clubs that needs to be seen across the region, to :
christine.vince2@btinternet.com

Christine Vince KERNO

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Courses

Grade C Controllers' course

BOK is running a Grade C controllers' course in May - preliminary details so far:

Date: Saturday 12 May 2018
Timings: 0930 to 1630
Location: 19 Bramble Drive, Bristol BS9 1RE
Refreshments: Lunch, tea , coffee provided.
Tutor: Mark Dyer BOK, Grade A controller
Contact: Mark Dyer family.dyer@blueyonder.co.uk *or BOK website*

More details will be available later. Numbers are limited.
Overnight accommodation available if necessary.

Colour Coded Awards

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain). Badges cost £1.50 for Juniors (20 & under) or £2.50 for Seniors (21 & over) – please note the change in price, as SWOA has ordered some new badges (these prices are subsidised by SWOA). If applying by post, please make cheques payable to SWOA and enclose a stamped addressed envelope. My address is: 34, Westfield House, Cote Lane, Bristol BS9 3TJ. Sorry no E-mail.

Anne Donnell BOK

SWOA News

Our new BOF CEO, Peter Hart, attended the SWOA committee meeting on Wednesday 7th March 2018, in Taunton. The meeting was well attended by club representatives; a detailed account of the discussions are given in the SWOA minutes (due out shortly). Peter came well prepared, having received a list of questions beforehand; he listened to us carefully, and generally made a good impression.

British Sprint and Middle Championships 2018

SWOA is hosting the **British Sprint and Middle Championships** on 1st and 2nd September this year. The Sprints will be at Bath University and the Middles will be at Stockhill.

Preparations are well underway; however, if you would like to volunteer for these prestigious events, please contact the Sprints day organiser, Alan Honey, the Middles organiser Liz Yeadon or the coordinator Christine Vince.

JK 2021

JK 2021 is coming to the SW in less than four years' time! It is being staged down in Cornwall, and we are fortunate that we have already found the planners for all four days. We will need Day Organisers plus a number of Team Leaders so, if you are interested, please contact Christine Vince or Roger Hargreaves on rogerh9999@hotmail.co.uk .

BOF News

SW winners in the 2017 Volunteer, Club and Mapping Awards

Club of the Year 2017 – awarded to Bristol Orienteering Klub

SILVA Award 2017 – Volunteer Certificate of Recognition awarded to Pat Macleod NGOC

The Bonington Trophy, awarded annually for the best contribution to mapping; this reflects considerable input and support to the sport over many years. The winner of the Bonington Trophy for 2017 was Trevor Crowe BOK.

The Silva Trophy, awarded for the best map produced by professional mappers, went to Dave Peel, Peel Land Surveys for "The Towans & Poldice Mine".

Interland 2018

A report from Jack Forrest DEVON:

Rob and I set off from Islington at 8:30 on Friday morning and drove up to Beaconsfield to meet the rest of the team. We all set off by coach to the ferry crossing and onward to Oost-Dunkirk where we spent the night in a youth hostel and received our England attire. The following morning, we were up bright and early continuing our journey to Herperduin via a stop in the city of Breda.

That afternoon was a practice event on an area just south of the Interland race (the maps did overlap slightly). The area was similar to a sand dune in places with 2 ½ metre contours, surrounded by flat landscape and a path grid. I found this event very enjoyable on a nice fast area with very well mapped vegetation although the competition was tough, my time of 36 minutes (6th) put to shame by the winning 28 minutes.

In the evening there was a night sprint although I didn't run in this, my aim was to prepare for the next day's event. That morning I got up at 8 and made my way over at 8:45 to meet my start which was at 9:33. It was my first time running for England and I did find the pressure got to me as I sprinted off having a slight 'headless chicken' moment before finding my first control. The rest of the run was not as smooth as I would have liked it to have been and as a result my performance was less well placed, coming 11th out of 13 in the M17 class. However, the team did well and England secured 2nd place.

A report from Lucy Tonge BOK :

I was very surprised to be selected to run W20 for England at Interland this year, held in Holland but had another great experience. We were lucky to miss both the weekends of snow and it was actually rather warm when running. We had lovely accommodation, called Herperduin, in the east of Holland near Oss, where we stayed in little chalets and cottages. They were right next to the area which was very convenient as we could just roll out of bed and head to the start!

On the Saturday we had a training run in the afternoon adjacent to the competition area the following day. It was very helpful to run on the terrain as we realised it was a very pathy area and it was easier to run on them than cut through the forest, and we discussed possible things that could catch us out the

following day. That evening we all enjoyed a lovely meal at the event centre restaurant before some people headed out on a night sprint.

On Sunday morning we all walked over to the start, only 300m from our cottage so hardly much time for a warm up! The area was mostly forested and sandy underfoot. With the huge number of paths and very little climb, only 2.5m contours, it was a very fast race and mistakes were costly. Fortunately I had a good run coming 7th and thoroughly enjoyed it. Also from BOK, Harry and Bryony Stagg both had good runs in their first Interland competition and Clive and Jackie Hallett as usual had excellent runs, with podium positions.
Unfortunately, despite the England successes, we came 2nd to the Belgian Flanders team so the challenge in on for next year to regain the title.
Thank you very much to BOK and SWOA for their support.

Events

8th April – QO Galoppen and Yvette Baker Trophy Heat, St Audries

15th April – DEVON Moorland League, Ashclyst Forest

22nd April – BOK Regional, Black Down

29th April – KERNO Galoppen, Davidstow

29th April – NGOC League, Chalford

5th May – NGOC Urban, Ross-on-Wye

6th May – Mike Nelson BOK Trot, New Beechenhurst

12th – 13th May – Sunny Sussex Weekend; 3 events near Haywards Heath

13th May – SARUM Warminster Urban

20th May – TVOC Chiltern Challenge, Princes Risborough

Tamar Triple Weekend

26th May – Urban race at Exeter University

27th May – Long distance race at Braunton Burrows

28th May – Middle distance race at Braunton Burrows including the **SW Middle Distance Championships**

3rd June – WSX Poole Out of Town Race, Canford Heath Estate

24th June – DEVON Summer Series, Haldon Forest Park

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