

Your Editor has just returned from Cornwall, having experienced the delights of Davidstow at the last Galoppen of this season. The weather was sunny but the wind was perishingly cold! Thank you very much to the SW clubs for running events for this series every year, and to our scorer, Spencer Modica QO.

Many congratulations to Tom Dobra UBOC for the Bronze medal for the GB team at the European TrailO Relay Championships; the other team members were Charles Bromley Gardner BAOC and John Kewley MDOC.

There will be a Military League South event on Wednesday 9th May at Yoxter on the Mendips. This is another chance to run on some fun, fast and quite technical terrain. A lot of civilians attend these events so, if you have not been before, you will see many familiar faces! More details in the Events section.

SWOA has its next committee meeting on Tuesday 8th May 2018, in Taunton.

Please send news of your training courses, publicity for future events, and anything else from clubs that needs to be seen across the region, to :
christine.vince2@btinternet.com

Christine Vince KERN O

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Courses

Grade C Controllers' course

BOK is running a Grade C controllers' course in May - preliminary details so far:

Date: Saturday 12 May 2018

Timings: 0930 to 1630

Location: 19 Bramble Drive, Bristol BS9 1RE

Refreshments: Lunch, tea, coffee provided.

Tutor: Mark Dyer BOK, Grade A controller

Contact: Mark Dyer family.dyer@blueyonder.co.uk or BOK website

More details will be available later. Numbers are limited.

Overnight accommodation available if necessary.

Organisers' Course

*SARUM will be running a morning Organisers' Course on Saturday
2nd June, from 10am to 1pm, at the Sea Scout Hall, St Mark's
Avenue, off St Mark's roundabout (London Road) on Salisbury ring
road (postcode SP1 3DW)*

Please contact Pat Hart via the SARUM website

Colour Coded Awards

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain). Badges cost £1.50 for Juniors (20 & under) or £2.50 for Seniors (21 & over) – please note the change in price, as SWOA has ordered some new badges (these prices are subsidised by SWOA). If applying by post, please make cheques payable to SWOA and enclose a stamped addressed envelope. My address is: 34, Westfield House, Cote Lane, Bristol BS9 3TJ. Sorry no E-mail.

Anne Donnell BOK

SWOA News

The next committee meeting will be on Tuesday 8th May at the Corner House Hotel TA1 4DQ in Taunton.

British Sprint and Middle Championships 2018

SWOA is hosting the **British Sprint and Middle Championships** on 1st and 2nd September this year. The Sprints will be at Bath University and the Middles will be at Stockhill.

Preparations are well underway; however, if you would like to volunteer for these prestigious events, please contact the Sprints day organiser, Alan Honey, the Middles organiser Liz Yeadon or the coordinator Christine Vince.

Entries are now open, via SiEntries.

JK 2021

JK 2021 is coming to the SW in less than four years' time! It is being staged down in Cornwall, and we are fortunate that we have already found the planners for all four days. We will need Day Organisers plus a number of Team Leaders so, if you are interested, please contact Christine Vince or Roger Hargreaves on rogerh9999@hotmail.co.uk.

BOF News

ALL British Orienteering members need to 'Opt-in' to continue to receive British Orienteering E-newsletters from 1st June 2018.

It's easy! Here's how?

You can do this simply by logging into the 'Member's section' of the British Orienteering website and clicking the tab 'My Account' and selecting 'Newsletter Settings' on the left hand-side of the screen. Select your e-newsletter preferences and click the 'Save' button.

Events

5th May – NGOC Urban, Ross-on-Wye

6th May – Mike Nelson BOK Trot, New Beechenhurst

MLS event at Yoxter Ranges, Wednesday 9th May

Registration: 1100 – 1545 hours

Starts (700m walk): 1100 – 1600 hours

Course closes: 1700 hrs

EMIT electronic punching

Courses: Blue, Brown, Short Green, Light Green, Red

Planner: Peter Foster BOK

Controller: Charles Daniel BOK

Full details on the BAOC website

12th-13th May – Sunny Sussex Weekend; 3 events near Haywards Heath

13th May – SARUM Warminster Urban

19th-20th May – British Long Distance and Relay Championships, Balmoral

20th May – TVOC Chiltern Challenge, Princes Risborough

Tamar Triple Weekend

26th May – Urban race at Exeter University

27th May – Long distance race at Braunton Burrows

28th May – Middle distance race at Braunton Burrows
including the ***SW Middle Distance Championships***

3rd June – WSX Poole Out of Town Race, Canford Heath Estate

9th June – NEOA British Mixed Sprint Relay, Morpeth

24th June – DEVON Summer Series, Haldon Forest Park

24th June – Harvester Relays, Tilgate Forest, Crawley, Sussex

30th June – BOK Urban race, Portishead (SEOUL event)

SWOA OFFICIALS

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Vacant

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The views expressed in SINS are not necessarily those of the Editor, contributors or the South West Orienteering Association