

Your Editor has just returned from Devon, having experienced the delights of the Tamar Triple 2018. Three days, first on Exeter University campus and then on Braunton Burrows; many thanks to DEVON and KERNO for hosting us, and congratulations to the new SW Middle Distance Champions (listed in SWOA News).

Many congratulations to the SW's new **British Long Champions:**

M55L – Clive Hallett BOK

W60L – Jackie Hallett BOK

W75 – Ann Hughes DEVON

The SWOA AGM will be held as usual after the first day of the Caddihoe Chase, Saturday 22nd September 2018.

Please send news of your training courses, publicity for future events, and anything else from clubs that needs to be seen across the region, to :
christine.vince2@btinternet.com

Christine Vince KERNO

Contents:

Courses

Colour Coded Awards

SWOA news

BOF news

Events diary

SWOA officials' contact list

Courses

Organisers' Course

SARUM will be running a morning Organisers' Course on Saturday 2nd June, from 10am to 1pm, at the Sea Scout Hall, St Mark's Avenue, off St Mark's roundabout (London Road) on Salisbury ring road (postcode SP1 3DW)

Please contact Pat Hart; more details on the flyer on the SARUM website

Event Safety Workshop

SARUM will be running an evening Event Safety Workshop on Thursday 21st June, from 7pm to 10pm, in Nomansland; more details on the SARUM website.

Please contact Pat Hart; more details on the flyer on the SARUM website

Colour Coded Awards

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain). Badges cost £1.50 for Juniors (20 & under) or £2.50 for Seniors (21 & over) – please note the change in price, as SWOA has ordered some new badges (these prices are subsidised by SWOA). If applying by post, please make cheques payable to SWOA and enclose a stamped addressed envelope. My address is: 34, Westfield House, Cote Lane, Bristol BS9 3TJ. Sorry no E-mail.

Anne Donnell BOK

SWOA News

Congratulations to the new **SW Middle Distance Champions.**

Monty Bratcher-Howard	WIM	M10
Ben Perry	DEVON	M12
Tom Perry	DEVON	M14
Oliver Tonge	BOK	M16
Ben Stevens	DEVON	M18
Adam Potter	BOK	M21
Ben Chesters	DEVON	M35
Lorenzo Calabro	BOK	M40
Peter Ward	NGOC	M45
Ian Jones	NGOC	M50
Clive Hallett	BOK	M55
Steve Edmonds	DEVON	M60
Steve Beech	KERNO	M65
Tom Lillicrap	DEVON	M70
Arthur Boyt	KERNO	M75
Robin Walker	BOK	M80
Lottie Jackson	DEVON	W10
Ella May Rush	BOK	W12
Holly Frear	KERNO	W14
Rebecca Ward	NGOC	W16
Meg Somers	DEVON	W18
Georgia Jones	NGOC	W20
Chloe Potter	BOK	W21
Tereza Maria Rush	BOK	W35
Rebecca Medlock	WSX	W40
Rachel Dennis	BOK	W50
Ella Bowles	DEVON	W55
Jackie Hallett	BOK	W60
Carol Sands	BOK	W65
Carol Pearce	DEVON	W70
Clare Fletcher	BOK	W75

Congratulations also to the SW teams who won their races at the **British Relay Championships.**

Class C (M Short) 1st BOK (Oliver Tonge, Jim Bailey, Michael Hallett)

Class H (W50) 1st BOK (Jackie Hallett, Alison Simmons, Alice Bedwell)

The SWOA AGM will be held as usual after the first day of the Caddihoe Chase, Saturday 22nd September 2018, hosted by SARUM. Christine Vince has volunteered to stand for election as chairman at the AGM. No one has volunteered to be SWOA secretary.

The next SWOA committee meeting will be on Tuesday 9th October 2018 at the Corner House Hotel TA1 4DQ in Taunton.

The SW Long Distance Championships will be held on Day 1 of the Caddihoe Chase 2018.

The Compass Sport Cup/Trophy (CSC) Round (hosted by QO) on 11 March 2018 was cancelled due to snow. As it was not possible to arrange an alternative date or venue, all clubs competing in the cancelled Round have been invited to enter the Final.

James Crickmore WSX has volunteered to be the new scorer for the SWOA Summer Relay series; many thanks to James.

QO is thanked for hosting the Yvette Baker Trophy Qualifying Round at the QO Galoppen on Sunday 8th April. (Clubs are reminded that Juniors should be entered within the correct category.)

BOK has pioneered a Trail to Terrain beginners' orienteering course for runners. The first course was run by Helen Kelsey, BOK coach.

British Sprint and Middle Championships 2018

SWOA is hosting the **British Sprint and Middle Championships** on 1st and 2nd September this year. The Sprints will be at Bath University and the Middles will be at Stockhill.

Preparations are well underway, and the Sprints Day Organiser (Alan Honey BOK) and the Middles Day Organiser (Liz Yeadon SARUM) will be approaching clubs for volunteers.

Entries are now open, via SiEntries.

JK 2021

JK 2021 is coming to the SW in less than four years' time! It is being staged down in Cornwall, and we are fortunate that we have already found the planners for all four days. We will need Day Organisers plus a number of Team Leaders so, if you are interested, please contact Christine Vince or Roger Hargreaves on rogerh9999@hotmail.co.uk.

BOF News

ALL British Orienteering members need to 'Opt-in' to continue to receive British Orienteering E-newsletters from 1st June 2018.

So you should have done that by now!

It's easy! Here's how?

You can do this simply by logging into the 'Member's section' of the British Orienteering website and clicking the tab 'My Account' and selecting 'Newsletter Settings' on the left hand-side of the screen. Select your e-newsletter preferences and click the 'Save' button.

British Orienteering has re-launched their Coaching E-Newsletter. More details on the BOF website in the News archive; the date is 23rd May.

The British Orienteering Coaching Conference will be held on the weekend of 12/13 January 2019 at Nottingham University. Details will appear in September on the BOF website.

The BOF Club and Association conference will take place on 20 October 2018.

Events

3rd June – WSX Poole Out of Town Race, Canford Heath Estate

9th June – NEOA British Mixed Sprint Relay, Morpeth

24th June – DEVON Summer Series, Haldon Forest Park

24th June – Harvester Relays, Tilgate Forest, Crawley, Sussex

30th June – BOK Urban race, Portishead (SEOUL event)

Lakes 5 Days - Sunday 29th July to Friday 3rd August

Caddihoe Chase Weekend

22nd September – Long distance race at Perham Down
including the ***SW Long Distance Championships***
Entries in age class, no EOD for the Championships

23rd September – Sidbury Hill, chasing start

Flyer now on the SARUM website

SWOA OFFICIALS

CHAIRMAN

Vacant

SECRETARY

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GALOPPEN

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The views expressed in SINS are not necessarily those of the Editor, contributors or the South West Orienteering Association