

Thank you to everyone who helped to run the Caddihoe Chase this year, on Perham Down and Sidbury Hill. The SWOA AGM was held after the first day of the Caddihoe Chase, and your editor was voted in as SWOA Chairman. If anyone would like to take over the editorship of the SINS newsletter, please let me know. Otherwise, you'll get a double dose from me.

I see that I've missed a mention of the SW Sprint Championships in Taunton on 19th August. Many thanks to QO for hosting the event, on a lovely summer's day with a fine event centre in the COACH building in French Weir Park which had a lovely café.

Please send news of your training courses, publicity for future events, and anything else from clubs that needs to be seen across the region, to :
christine.vince2@btinternet.com

Christine Vince KERNO

Contents:

Courses

Colour Coded Awards

SWOA news

BOF news

Events diary

SWOA officials' contact list

Courses

None reported to SINS. Now that the autumn is here, we'll get back into the swing of things.

Colour Coded Awards

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain). Badges cost £1.50 for Juniors (20 & under) or £2.50 for Seniors (21 & over) – please note the change in price, as SWOA has ordered some new badges (these prices are subsidised by SWOA). If applying by post, please make cheques payable to SWOA and enclose a stamped addressed envelope. My address is: 34, Westfield House, Cote Lane, Bristol BS9 3TJ. Sorry no E-mail.

Anne Donnell BOK

SWOA News

The SWOA AGM was held on Saturday 22nd September 2018. Christine Vince KERNO was elected as Chairman. Katy Dyer BOK will continue as Secretary until the end of 2018, when Helen Kelsey BOK will take over; the meeting voted in favour of this appointment. Mark Lockett was re-elected as Treasurer and Membership Secretary. Richard Sansbury was re-elected as Fixtures Secretary; Richard said that he would be standing down at the next AGM.

The next SWOA committee meeting will be on Tuesday 9th October 2018 at the Corner House Hotel TA1 4DQ in Taunton.

The Compass Sport Cup/Trophy (CSC) Round (hosted by QO) on 11 March 2018 was cancelled due to snow. As it was not possible to arrange an alternative date or venue, all clubs competing in the cancelled Round have been invited to enter the Final. This will be held on Sunday 21st October at Abraham's Valley near Rugeley.

JK 2021

JK 2021 is coming to the SW in less than four years' time! It is being staged down in Cornwall, and we are fortunate that we have already found the planners for all four days. We will need Day Organisers plus a number of Team Leaders so, if you are interested, please contact Christine Vince or Roger Hargreaves on rogerh9999@hotmail.co.uk.

BOF News

The BOF **Club and Association Conference** will be held at The Studio, 7 Cannon Street, Birmingham, B2 5EP take place on 20 October 2018. The focus will be on the Chief Executive review of British Orienteering and strategic priorities followed by a discussion on the future of performance, talent support in the future. Details on the BOF website [here](#).

The **National Coaching Conference** will take place on 12th/13th January 2019, at the University of Nottingham. The conference will feature a range of workshops and physical exercises aimed at supporting you in your coaching. The keynote speaker will be Emil Wingstedt, who is a current Halden SK coach and has worked with the GB squad on a number of occasions; his input has been incredibly valuable. He won the 2005 and 2006 Sprint World Orienteering Championships and finished third on the long distance in 2003. He is Relay World Champion from 2003 with the Swedish team, as well as having a silver medal from 2007, and bronze medals from 2004 and 2006. The conference is a great opportunity to learn from experienced coaches and peers from across the sport and you are encouraged to book early to avoid disappointment. **Book before 18th November to get the early bird price of £65 for both days or one day for just £35.** Prices after that date will be £70 for both days and £38 for one day. All bookings must be made by 23rd December. You must provide your own accommodation.

An **Orienteering Foundation Coaching Day** has been arranged for Saturday 10th November 2018 in the Lake District. The day will be planned and organised by experienced coach Derek Allison, and take place in the technical terrain of Dale Park, part of the Graythwaite Estate (as used for day 5 of the recent Lakes 5 Day). It is open to both self-organised groups of any age, led by their own qualified coaches, as well as individual adult participants coached by Derek himself. See <https://www.orienteeingfoundation.org.uk/coaching-day-nov-2018> for further details. Pre-booking is required; information supplied by Neil Cameron.

Events

6th-7th October – Liverpool Big Weekend, Formby Dunes + Urban Race

7th October – KERNO Forest League, Hardhead Downs

13th October – NGOC League, Cranham

14th October – DEVON Galoppen, Golden Dagger

28th October – SARUM Galoppen, Hamptworth

4th November – November Classic , Hampton Ridge

11th November – KERNO Forest League, Mount Edgcumbe

18th November – WIM Galoppen, Inside Park, Blandford St Mary

25th November – DEVON League, Holne Moor

SWOA OFFICIALS

CHAIRMAN

Christine Vince KERNO; email: christine.vince2@btinternet.com
3 Back Lane, East Coker, Yeovil, BA22 9JN ; tel: 01935 863429

SECRETARY

Katy Dyer BOK; email: family.dyer@blueyonder.co.uk ; tel: 0117 968 4173

TREASURER

Mark Lockett KERNO; email: marklucylockett@gmail.com
Heathervale, Heathfield, Newton Abbott, TQ12 6RH ; tel. 01626 830213

FIXTURES SECRETARY

Richard Sansbury QO; email: richard.sansbury@btinternet.com
Rose Cottage, Netherclay, Bishops Hull, Taunton, Somerset, TA1 5ED
tel: 01823 288405

COLOUR-CODED BADGE SCHEME

Anne Donnell BOK; no email
34, Westfield House, Cote Lane, Bristol BS9 3TJ ; tel: 0117 9494834

COACHING & ASSOCIATION VOLUNTEER COORDINATOR

Christine Vince KERNO

SW JUNIOR ORIENTEERING SQUAD

Jeff Butt SARUM; email: jnbutt@aol.com
Broadacres, The Ridge, Woodfalls, Salisbury, SP5 2LQ ; tel: 01725 510546

COMMITTEE

Erik Peckett DEVON, Nicholas Maxwell DEVON, Dick Keighley WIM, Helen Kelsey BOK

REPRESENTATIVE on the BOF Board of Directors:

Judith Holt DVO

GALOPPEN

Spencer Modica QO; email: spencer@modicafamily.co.uk

RECORDER OF CONTROLLERS

Arthur Vince KERNO; email: arthur.vince@btinternet.com

SWOA WEBSITE www.sworienteeringassociation.co.uk.

Editor: Katy Dyer – see SWOA secretary

Technical Manager: Nathan Fernandes; email: nath@veudesign.co.uk

The views expressed in SINS are not necessarily those of the Editor, contributors or the South West Orienteering Association