

## SARUM First Aid course

**Date:** Saturday 9 February 2019

**Title:** Certified 1-day Emergency First Aid at Work Course plus add-on sessions relevant to orienteering

**Cost:** £50 approx (dependent on numbers).

**Tutor:** Sarah Petridge of New Forest First Aid Training.

**Venue:** Nomansland Reading Room (halfway between Salisbury and Southampton)

**Further Info:** If a 2 day Outdoor First Aid course is needed, there are details of the next course on the FA provider's website (under "upcoming courses"). Having completed the 1-day course one can easily join Day 2 of this course to gain the 2-day qualification, provided it's within 10 weeks of Day 1.

**Contact:** Charlotte Thornton SARUM via SARUM website

or Pat Hart, Secretary Sarum Orienteering Club, on [hartpatmy@gmail.com](mailto:hartpatmy@gmail.com)