

I hope the winter weather has not put off your orienteering. (Your editor chickened out of the WIM Godshill Regional on 3<sup>rd</sup> February – pity, I like running in the New Forest but the roads were very icy in Somerset so we chose to stay at home.)

Please send news of your training courses, publicity for future events, and anything else from clubs that needs to be seen across the region, to :  
christine.vince2@btinternet.com

Christine Vince KERNO

## ***Contents:***

**Courses**

**Colour Coded Awards**

**SWOA news**

**BOF news**

**Events diary**

**SWOA officials' contact list**

## **Courses**

### **Proposed Courses**

*It is likely that DEVON will be running an Organisers' course in the Spring of 2019. Details are not currently available, so please watch the DEVON website for more information.*

## **Colour Coded Awards**

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain). Badges cost £1.50 for Juniors (20 & under) or £2.50 for Seniors (21 & over) – please note the change in price, as SWOA has ordered some new badges (these prices are subsidised by SWOA). If applying by post, please make cheques payable to SWOA and enclose a stamped addressed envelope. My address is: 34, Westfield House, Cote Lane, Bristol BS9 3TJ. Sorry no E-mail.

Anne Donnell BOK

## **SWOA News**

A SWOA committee meeting was held on Tuesday 27<sup>th</sup> November 2018 at the Corner House Hotel TA1 4DQ in Taunton. The next meeting will be on Wednesday 13<sup>th</sup> March 2019.

Grants. All clubs and members are reminded that requests for SWOA grants must be made to the SWOA treasurer before the event.

Helen Kelsey BOK has taken over from Katy Dyer BOK as SWOA Secretary, as of 1<sup>st</sup> January.

SWOA Fixtures Secretary: would anyone like to take on this interesting post? Richard Sansbury is willing to train up a replacement.

## **Galoppen League**

The discussion on the proposal to change the Galoppen League is coming to an end. Following the last SWOA committee meeting, the SWOA chairman sent a paper to the club chairmen and secretaries, updating them on the responses received to date. We expect to reach a decision at the next SWOA committee meeting in March. Some interesting comments have been made; the most pertinent query the number of scores to count in order to win one of the colours.

- The Galoppen League as currently configured has 9 events (one per club); therefore the best five scores represent one more than half.
- If SW clubs register up to two Regional events each year for the League, then there could be 18 events; if so, the number of counting events would have to be  $(\text{half} + 1) = 10$ .
- So winning contenders would have to race at 10 events, not five as at present.
- With up to 18 events, there could very well be clashes between Regional League events; although these would not be additions to the calendar, it is very full already.

Further comments please to your own committee, asap.

### JK 2021

**JK 2021** is coming to the SW! We have made most of the senior appointments. However, we need Team Leaders for various tasks so, if you are interested, please contact Christine Vince or Roger Hargreaves on [rogerh9999@hotmail.co.uk](mailto:rogerh9999@hotmail.co.uk) as soon as possible. There is a JK progress report attached to the latest SWOA minutes.

### SW Sprint Championships, 2nd June 2019 at Exeter University

The SWOA Chairman has been approached by several Controllers concerning the fairness of the current competition rules (which are on the SWOA website). In particular, whether the Prologue and Final results should be separate or combined. If the Prologue is treated as a separate race (and the results used only to define the starting order of the Final), then there is no penalty if, for whatever reason, a competitor chooses to have an 'easy' Prologue race; this produces an inherent unfairness.

The Chairman has consulted the SWOA committee and they have decided that, for 2019, the results of both the Prologue and the Final shall be combined to find the SW Sprints Champion in the various age classes.

## **BOF News**

**A quick reminder.** If you haven't yet renewed your membership then the easiest way to renew is online. Go to the British Orienteering website [www.britishorienteering.org.uk](http://www.britishorienteering.org.uk) and click on the 'Log in' button at the top right-hand side of the screen. If you have forgotten your password click on the 'Forgotten Password' link or contact National Office on 01629 583037. Then click on 'My Settings' button on the left-hand side of the screen. If you prefer you can always pay by cheque or give the office a call.

The National Coaching Conference took place on 12th/13th January 2019, at the University of Nottingham. 75 coaches attended, including several from the SW. The conference featured a range of workshops and physical exercises aimed at supporting you in your coaching. The keynote speaker was Emil Wingstedt, who is a current Halden SK coach and has worked with the GB squad on a number of occasions; he has won a number of World Championship medals. The next Coaching Conference is likely to be in January 2021.

**BOF Orienteering Annual Awards 2018 – Nominations now open!** British Orienteering is looking for nominees for our 2018 awards and wants to recognise and reward some of the great work being done across the sport of orienteering by our clubs, coaches, mappers and volunteers of all ages. There is a new category – **Volunteer of the Year**. Nomination forms are available on the BOF website, under the News item. No closing date is given, but is likely to be early in February.

**World Orienteering Day 2019.** This year, events to celebrate World Orienteering Day can be held at any time during the week of 15<sup>th</sup>-21<sup>st</sup> May. More details on the BOF website [here](#).

## Events

10<sup>th</sup> February – QO Galoppen, Croydon Hill nr Minehead

17<sup>th</sup> February – DEVON League, Haytor, Dartmoor

17<sup>th</sup> February – TVOC Chiltern Challenge National, nr High Wycombe

24<sup>th</sup> February – KERNO Galoppen, Craddock Moor nr Liskeard

3<sup>rd</sup> March – DEVON League, Ashclyst Forest nr Exeter

3<sup>rd</sup> March – Welsh Championships, nr Presteigne

10<sup>th</sup> March – SARUM Saunter, Great Ridge, Fonthill

17<sup>th</sup> March – CompassSport Heat, QO, The Slades, Quantock Hills

24<sup>th</sup> March – DEVON League, River Dart Country Park nr Ashburton

24<sup>th</sup> March – NGOC League, Parkend, Lydney

### **Southern Championships Weekend**

**30<sup>th</sup> March** – NGOC Middle distance race, Knockalls Inclosure

**31<sup>st</sup> March** – The Mike Nelson BOK Trot, Moseley Green West and Cannop Ponds South

7<sup>th</sup> April – NWO Galoppen + YBT qualifier, Savernake Forest, Marlborough

7<sup>th</sup> April – KERNO League, Poldice, Redruth

### **JK 2019**

**19<sup>th</sup> – 22<sup>nd</sup> April 2019**

Entries are now open for the SCOA JK

Entry fees go up on 24<sup>th</sup> February !

### **Scottish 6 Days 2019**

**28 July to 3 August 2019**

Entries are now open for Strathearn 2019

## **SWOA OFFICIALS**

### **CHAIRMAN**

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### **SECRETARY**

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### **COLOUR-CODED BADGE SCHEME**

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Christine Vince KERNO

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### **COMMITTEE**

Erik Peckett DEVON, Nicholas Maxwell DEVON, Dick Keighley WIM, Katy Dyer BOK

### **REPRESENTATIVE on the BOF Board of Directors:**

Judith Holt DVO

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The views expressed in SINS are not necessarily those of the Editor, contributors or the South West Orienteering Association