

Lots of winners this month – the Galoppen League (soon to be the SW Orienteering League), the SW Middle distance Championships and the British Championships (Mixed Sprint Relays, Long distance and Relays).

A really big cheer for Lyra Medlock WSX who won the JK Trophy for the Best Women's Performance. I think she may be the youngest winner – the trophy is almost as big as she is.

Please send news of your training courses, publicity for future events, and anything else from clubs that needs to be seen across the region, to :
christine.vince2@btinternet.com

Christine Vince KERNO

Contents:

Courses

Colour Coded Awards

SWOA news

BOF news

Events diary

SWOA officials' contact list

Courses

None at present.

Colour Coded Awards

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain). Badges cost £1.50 for Juniors (20 & under) or £2.50 for Seniors (21 & over) – please note the change in price, as SWOA has

ordered some new badges (these prices are subsidised by SWOA). If applying by post, please make cheques payable to SWOA and enclose a stamped addressed envelope. My address is: 34, Westfield House, Cote Lane, Bristol BS9 3TJ. Sorry no E-mail.

Anne Donnell BOK

SWOA News

The date of the next SWOA committee meeting has been changed. It will now be on Tuesday 11th June 2019 at The Corner House Hotel TA1 4DQ in Taunton.

Grants. All clubs and members are reminded that requests for SWOA grants must be made to the SWOA treasurer before the event.

I make no apology for reprinting my article about Level B events. All too often I'm told that "they are too much trouble to put on". After the SW Middle Championships at Braunton in mid-May, I was asked what could have been done to increase the low entry numbers. I pointed out that Braunton – up in the NE corner of Devon – seems to be a long way away; it's actually 90 miles to Barnstaple from mid-Somerset, not as far as you think. The event would undoubtedly have benefitted from being part of a weekend double. To do that, the club should consider two years ahead what they wish to do – at which point they can choose to designate one event as a Level B, thereby protecting that date. With a good area (Braunton can carry two events) or another event close by, plus good advertising, this could be the go-to event in the South in that month. What's not to like?

Level B Events – Why Are They Important?

I mean, they're just slightly larger Level Cs, aren't they?

A properly staged Level B event should be on one of the club's better areas, run by a more experienced Organiser, ditto for the Planner, and controlled by someone from another club.

But are they worth the faff – you need a Start List (groan)!

The entry fee for a Level B event should be more than for a Level C and, if you've got a selling point (for instance, money has been spent on revising the map), then the entry fee should be about £16. There should be pre-entry using one of the online entry system providers, who will do a seeded start list for you for a reasonable fee per runner.

But will more people come?

Good publicity will help, and there is support on the BOF website for this. Also, there are only a limited number of Level B events held – so keen orienteers look for these – plus they get priority in the Scheduling Diary over Level Cs when it comes to bagging a date.

Level Bs are scheduled up to two years in advance, so the club committee needs to consider well in advance which areas should be reserved for their Level B events, and who they will ask to organise and plan the events.

I'm only an average orienteer – is there anything else?

Yes, there is, and this is where your club committee needs to be paying attention! Event officials do not grow on trees... in particular, Controllers at all grades must meet criteria set by Events and Competitions Committee – which have to be got by officiating at events.

There are three grades of Controller, to match the three levels of events. To advance to Level B, a Level C Controller needs to plan a Level B event to be appointed, and continue to control at Level B to maintain that qualification.

To advance to Level A, a Level B Controller needs to organise at least one Level B event, plan at least one Level B event, and control at least two Level B events (within the time periods in the BOF Rules).

If clubs fail to stage Level B events, then they are disadvantaging their own controllers, and those in their neighbouring clubs.

In case you think I'm just fussing, ***SWOA already has one member who cannot become a Level A controller until he has organised a Level B event – and his club only very occasionally puts those on. So BOF is short of a perfectly good Level A controller at the moment.***

One club chairman has said to me that SWOA should be addressing this problem... how? SWOA cannot force clubs to put on appropriate events, it can only inform and persuade. The ball is very definitely in YOUR court.

Written by Christine Vince KERNO, SWOA chairman – action from last SWOA committee meeting

Championship News

Galoppen League Prize Winners 2018/19

Brown:	Winner: Ben Chesters SARUM Top Junior: Flurry Grierson DEVON
Blue:	Winner: Nick Nourse NWO Top Lady: Alison Simmons BOK Top Junior: Tom Perry DEVON
Green:	Winner & Top Junior: Rebecca Ward NGOC Top Man: Tony Hext QO
Short Green:	Winner: Bill Vigar QO Top Lady: Jill Green DEVON
Light Green:	Winner & Top Junior: Lyra Medlock WSX Top Man: Ben Perry DEVON
Orange:	Winner & Top Junior: Harry Bratcher-Howard WIM
Yellow:	Winner: Monty Bratcher-Howard WIM Top lady: Eskarina Medlock WSX

SW Middle distance Championships, Braunton Burrows, 19th May 2019

M10	Jacob Shirvington	QO	W10	Eskarina Medlock	WSX
M12	Oliver McWilliams	DEVON	W12	Annabelle Lewis	QO
M14	William Thomas	DEVON	W14	Lyra Medlock	WSX
M16	James Robinson	DEVON	W16	Ella May Rush	BOK
M18	Flurry Grierson	DEVON	W18		
M20	Peter Dobra	UBOC	W20		
M21	Sean Rowe	DEVON	W21	Annie Crookshank	WIM
M35	Ben Lonsdale	RAFO	W35	Jane Baldock	BOK
M40	Ben Chesters	DEVON	W40	Tereza Maria Rush	BOK
M45	Jolyon Medlock	WSX	W45		
M50	Steve Robertson	QO	W50	Elizabeth Treherne	BOK
M55	Paul Chavasse	QO	W55	Adele Newall	KERNO
M60	Christopher Kelsey	BOK	W60	Rosie Wych	QO
M65	Chris Moncaster	KERNO	W65	Denise Mullins	SARUM
M70	Tom Lillicrap	DEVON	W70	Charlotte Thornton	SARUM
M75	Ian Peirce	SARUM	W75	Ann Hughes	DEVON
M80	Arthur Boyt	DEVON	W80		

British Mixed Sprint Relays, 4th May 2019

Super Vets 1st BOK (Phil Murray/Alice Bedwell/Clive Hallett)

British Long Distance Championships, 5th May 2019

W60L 1st Jackie Hallett BOK

Events

2nd June – DEVON – SW Sprint Championships, Exeter University

8th June – WSX Poole Out Of Town Race, Canford Heath Estate

BOK Blast

15-16 June 2019

Day 1 – University of the West of England – UKUL

Day 2 – Thornbury - SEOUL

16th June – DEVON Relays, Knightshayes, nr Tiverton

22nd June – WIM SEOUL Urban Event, Ringwood

23rd June – QO Relays, Longrun Meadow, Taunton

29th June – BOK Adams-Avery Relays, Blaise Castle Estate, Bristol

30th June – DEVON Club Championships, Killerton, nr Exeter

7th July – SARUM Moonraker Relays, Warminster

14th July – WIM Furrow Hopper Relays, Ringwood

14th July – NGOC League, Knockalls Enclosure, Forest of Dean

21st July – WSX Hardy Relays, Holton Lee, nr Poole

Scottish 6 Days 2019 - Strathearn

28 July to 3 August 2019

Entries will close on 30th June; late entries according to map availability

SWOA OFFICIALS

CHAIRMAN

Christine Vince KERNO; email: christine.vince2@btinternet.com
3 Back Lane, East Coker, Yeovil, BA22 9JN ; tel: 01935 863429

SECRETARY

Helen Kelsey BOK; email: kelseys4@btinternet.com ; tel: 01278 723246

TREASURER

Mark Lockett KERNO; email: marklucylockett@gmail.com
Heathervale, Heathfield, Newton Abbott, TQ12 6RH ; tel. 01626 830213

FIXTURES SECRETARY

Richard Sansbury QO; email: richard.sansbury@btinternet.com
Rose Cottage, Netherclay, Bishops Hull, Taunton, Somerset, TA1 5ED
tel: 01823 288405

COLOUR-CODED BADGE SCHEME

Anne Donnell BOK; no email
34, Westfield House, Cote Lane, Bristol BS9 3TJ ; tel: 0117 9494834

ASSOCIATION VOLUNTEER COORDINATOR

Christine Vince KERNO

ASSOCIATION COACHING REPRESENTATIVE – vacant

SW JUNIOR ORIENTEERING SQUAD

Jeff Butt SARUM; email: jnbutt@aol.com
Broadacres, The Ridge, Woodfalls, Salisbury, SP5 2LQ ; tel: 01725 510546

COMMITTEE

Erik Peckett DEVON, Nicholas Maxwell DEVON, Dick Keighley WIM, Katy Dyer BOK

REPRESENTATIVE on the BOF Board of Directors:

Judith Holt DVO

GALOPPEN

Spencer Modica DEVON; email: spencer@modicafamily.co.uk

RECORDER OF CONTROLLERS

Arthur Vince KERNO; email: arthur.vince@btinternet.com

SWOA WEBSITE *www.sworienteeringassociation.co.uk.*

Editor: Katy Dyer; email: family.dyer@blueyonder.co.uk

Technical Manager: Nathan Fernandes; email: nath@veudesign.co.uk

The views expressed in SINS are not necessarily those of the Editor, contributors or the South West Orienteering Association