

Many thanks to DEVON for hosting this year's Caddihoe Chase at Burrator. The weather on Saturday was better than expected – for the runners if not for those tidying up afterwards; Sunday was still fun in spite of the rain.

The Galoppen League has now been renamed the SW Orienteering League. Those at the Caddihoe saw the advertising postcards; the rest of you will see them at the various events in the SW. The trophies for last year's League will be presented at the first event this year – namely on 13th October at the DEVON event at Whitchurch Common, at 1pm.

Well done to the Champions from the SW at the British Sprint and Middle Championships, and to the SW Long Distance Champions at the Caddihoe; more info below.

Please send news of your training courses, publicity for future events, and anything else from clubs that needs to be seen across the region, to :
christine.vince2@btinternet.com

Christine Vince KERNO

Courses

Planner's Level B/C Course (BOK) – Saturday 5th October at Henbury Village Hall

Level C Controller's Course (DEVON) – Saturday 16th November at Ilington Village Hall

Colour Coded Awards

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please email Jolyon Medlock WSX with the 3 dates on which you qualified (anywhere in Britain). Badges cost £1.50 for Juniors (20 & under) or £2.50 for Seniors (21 & over). If applying by post, please make cheques payable to SWOA and enclose a stamped addressed envelope. Jolyon can be contacted at jolyonmedlock@hotmail.com.

British Sprint Championships 2019

Lyra Medlock	WSX	W12A
Rachel Leathwood	BOK	W45A

British Middle distance Championships 2019

Jim Bailey	BOK	M16
Lyra Medlock	WSX	W12
Alice Bedwell	BOK	W55

SWOA News

The next SWOA committee meeting will be on Tuesday 8th October, at the Ruishton Inn (just outside Taunton). The meeting starts at 7pm; those wishing to eat beforehand can do so from 6pm.

The SWOA AGM took place on Saturday 28th September at the Burrator Discovery Centre. Thank you to the club reps who attended.

Erik Peckett has decided, after very many years of service on the SWOA committee that, due to health reasons, he will no longer be standing for the committee. Erik has served a number of terms as SWOA chairman, the last in 2006. A vote of thanks to Erik for all the years of service that he has given was supported unanimously by the committee.

Mark Lockett has stood down as SWOA Treasurer; Nicholas Maxwell has stood down from the committee. Steve Robertson QO has been elected as the new Treasurer. Arthur Vince KERNO and Peter Maliphant BOK have been elected to the committee. Christine Vince continues as chairman, Helen Kelsey as Secretary and Richard Sansbury as Fixtures Secretary.

An item of business at the first meeting of the new committee will be a revision of the budget.

Grants. All clubs and members are reminded that requests for SWOA grants must be made to the SWOA treasurer before the event.

SWOA Long Distance Championships 2019

Monty Bratcher-Howard	WIM	M10	Eskarina Medlock	WSX	W10
Oliver Lewis	QO	M12	Annabelle Lewis	QO	W12
Finn Sellar	DEVON	M14	Michelle Spillar	WIM	W40
Thomas Hasler	QO	M18	Michelle Ward	NGOC	W45
Harry McMurtrie	DEVON	M20	Jackie Hallett	BOK	W60
Bertie Kingsley	OROX	M21	Robin Carter	DEVON	W55
Ben Lonsdale	RAFO	M35	Alison Simmons	BOK	W60
Ben Chesters	DEVON	M40	Julie Astin	WSX	W65
Tim Lenton	DEVON	M45	Sue Hands	WIM	W70
Clive Hallett	BOK	M50	Ann Hughes	DEVON	W75
Phil Murray	BOK	M55			
Rob Parkinson	DEVON	M60			
Chris Moncaster	KERNO	M65			
Mike Wimpenny	DEVON	M70			
Ian Peirce	SARUM	M75			
Arthur Boyt	DEVON	M80			

Caddihoe Chase 2019 – SW Trophy Winners

Monty Bratcher-Howard	WIM	M10	Eskarina Medlock	WSX	W10
Oliver Lewis	QO	M12	Annabelle Lewis	QO	W12
Sam Lewis	DEVON	M14	Michelle Ward	NGOC	W45
Thomas Hasler	QO	M18	Jackie Hallett	BOK	W60
Simon Evans	KERNO	M35	Adele Newall	KERNO	W55
Ben Chesters	DEVON	M40	Alison Simmons	BOK	W60
Tim Lenton	Devon	M45	Sue Hands	WIM	W70
Clive Hallett	BOK	M55	Ann Hughes	DEVON	W75
Phil Murray	BOK	M55			
Rob Parkinson	DEVON	M60			
Chris Moncaster	KERNO	M65			
Mike Wimpenny	DEVON	M70			
Ian Peirce	SARUM	M75			

BOF News

The BOF Club and Members' Conference will take place in Leeds on Saturday 16th November. Details on the BOF website.

World Schools' Orienteering Championships in Otepää, Estonia

Tour report from Flurry Grierson DEVON:



(Flurry is on the left.)

As you may know, I was part of the M1 Select team that represented England at the World Schools' Orienteering Championships in Otepää, Estonia a week ago. The competition was over three events – a Long, a Middle and a Friendship Relay. The Long distance was the first race of the week. We spent the previous day gathering information about the style of the terrain on the model event. The terrain was mostly dense vegetation with lots of contour detail and a confusing path network. I decided that the fastest way to race the Long would be to go round on paths and then take a fine bearing in to the control circle. This was mainly because of how unrunnable the terrain was in places. My tactics worked and I was able to get round with minimal mistakes which secured me a 3rd place, only 38 seconds down on the leader. We then were given a rest day where we explored the nearby city of Tartu.

The Middle was the following day. I started my run poorly, making a mistake at control 2; this put me over 40 seconds down on the winner. However, I was able to reduce the gap to 4 seconds by the finish and climb into 2nd position, 4 seconds behind the winner. The Friendship Relay followed the next day with sprint controls round the town of Otepää, as well as a few forest ones. Unfortunately, I was unable to repeat the previous day's success as our team mispunched. For me the week provided an amazing experience of racing at international level over different terrain as well as the opportunity to meet lots of new people. My team achieved a first place overall. As you may also know, the South West's Jim Bailey and Oliver Tonge were part of my 5-boy team. A big thank you to SWOA for your support.

Events

6th October – WSX Dorset Delight, Holmsley Camp Site

13th October – DEVON SW League, Whitchurch Common

Presentation of the Trophies for the 2018/19 League at 1pm

27th October – SARUM SW League, Sidbury Hill

3rd November – November Classic, Bramshaw

10th November – WIM SW League, North Ringwood Forest

17th November – NGOC League, Parkend Walk, nr Coleford

17th November – KERNO League, Trelissick, nr Truro

24th November – DEVON League, Ashclyst Forest, nr Cullompton

Southern Championships Weekend

Middle Distance Race

30th November 2019

NGOC, Mallards Pike SW, nr Cinderford

Southern Night Championships

30th November 2019

BAOC, Caerwent nr Chepstow

Southern Championships and Mike Nelson BOK Trot

1st December 2019

BOK, Churchill Inclosure and Cannop Ponds, nr Cinderford

8th December – KERNO / DEVON League, Lanhydrock, nr Bodmin

SWOA OFFICIALS

CHAIRMAN

Christine Vince KERNO; email: christine.vince2@btinternet.com
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SECRETARY

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Richard Sansbury QO; email: richard.sansbury@btinternet.com
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COLOUR-CODED BADGE SCHEME

Jolyon Medlock WSX; email jolyonmedlock@hotmail.com

ASSOCIATION VOLUNTEER COORDINATOR

Christine Vince KERNO

ASSOCIATION COACHING REPRESENTATIVE – vacant

SW JUNIOR ORIENTEERING SQUAD

Jeff Butt SARUM; email: jnbutt@aol.com
Broadacres, The Ridge, Woodfalls, Salisbury, SP5 2LQ ; tel: 01725 510546

COMMITTEE

Dick Keighley WIM, Katy Dyer BOK, Arthur Vince KERNO, Peter Maliphant BOK, two vacancies

REPRESENTATIVE on the BOF Board of Directors:

Judith Holt DVO

GALOPPEN

Spencer Modica DEVON; email: spencer@modicafamily.co.uk

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