

DEESIDE 2024

BY ESKARINA MEDLOCK WSX

2024 Deeside was just outside Aberdeen. We had the opportunity to run on incredible areas such as the Balmedie sand dunes and in the forests of Loch Varr. It offered amazing coaching and experience, as well as fun activities and many rivers to swim in, plus good laughs with friends.

The week got off to a rocky start, thanks to many plane delays and missing trains, but this did not stop us from having the best time.

The main focuses of this week were all around plan, direction and picture, as well as compass activities to increase our confidence in compass bearings. We were also able to run a night event, which featured lots of singing around the course, and a sprint event which included a maze course.

Other activities were swimming in lidos and wild rivers, a bilberry picking competition, singing campfire songs with our friends from the German scouts, nightly games of werewolves, a coaches v athletes football match as well as staying up all night on the last night.

Thank you SWOA and WSX for supplying funds to allow me to go on camps such as Deeside and have a once in a lifetime experience. Thank you,

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