

RULES FOR SOUTH WEST ORIENTEERING CHAMPIONSHIPS HELD UNDER THE AUSPICES OF SWOA

- 1 These rules apply to SW Championships for long distance, middle distance, sprint distance and night orienteering, as defined by British Orienteering.
- 2 Championship events shall be organised and planned according to British Orienteering Rules and Appendices. British Orienteering Competition Rules may also be used for guidance, but will not always apply, particularly when differences are described here. The SW Championships should be National events, but may be Regional level, particularly for the Urban Sprint and Night Championships. The date, organising club and venue shall be agreed by the SWOA Committee.
- 3 SW Urban Sprint Distance Championships: there will be a morning and afternoon race. The times from each will be added together to determine the Championship results. Each race will count separately for ranking points. This requires them to be entered in the British Orienteering database as two separate events. The British Orienteering office should be asked to consider them as one event for levy purposes.
- 4 Entries shall be made by age class (either standard age classes, or for the Urban Sprint Championships urban age categories as defined in the UK Urban League rules), and classes allocated to courses based on common practice. If a competitor chooses to “run up” – for example an M16 to run M18, or a W35 to run W21 – then they must enter the age class that they wish to be competitive in, not their actual age class. The pre-event publicity, entry system and final information must make this and the course/class allocations clear.
- 5 Only members of SWOA are eligible for awards. Championship awards will be given to winners of classes (only Long or A classes if there is more than one class for an age group) or age categories in the case of the Urban Sprint.
- 6 Awards: The organising club may choose to provide certificates to age class (or age category in the case of the Urban Sprint) winners, or any other mementos that it deems appropriate.

Version 1 of these Rules agreed at the SWOA Committee meeting of 8th December 2010.

Version 2 includes the format for the Sprint Championships agreed at the SWOA Committee meeting of 28th February 2012.

Version 3 includes the format for the Sprint Championships agreed at the SWOA Committee meeting of 7th December 2016.

Version 4 includes changes of event category names: 'Level B' now 'national', 'Level C' now 'regional'

Version 5 changes the way sprint results are calculated, sprint awards are assigned, simplifies other text and adds 'Urban' to the name of the Sprint Championships.

Version 6 changes the requirement for awards as agreed at the SWOA committee meeting on 5th August 2025

Helen Kelsey

SWOA Secretary

Date: 21/08/2025