



Current South West Champions

Long Distance

1 June 2025

Crook Peak - Wavering Down
BOK

Middle Distance

17 May 2026

Hanham, Bristol
BOK

Sprint Distance

21 June 2026

Poole
WSX

M10	Elias Brown	BOK				
M12	Zebedee Harlock-Askew	NGOC	Elias Brown	BOK	Benjamin Izard	WSX
M14	Daniel Wareing	BOK	Zebedee Harlock-Askew	NGOC	Zebedee Harlock-Askew	NGOC
M16	Finley Goddard	QO	Finley Goddard	QO		
M18	James Agombar	NGOC	Seth Lawson	NGOC	Russell McCreadie	WIM
M20	Reuben Lawson	NGOC	Harry Bratcher-Howard	BUMC	Oliver Heckford	WSX
M21	Adam Fieldhouse	QO	Robin Fieldhouse	QO	Sam Cottle	BOK
M35	Thomas Cochrane	NGOC	Iain Large	BOK		
M40	Clive Hallett (M60)	BOK	Richard Patten	BOK		
M45	Ben Chesters	DEVON	Owain Jones	BOK		
M50	Marc Balston	SARUM	Jolyon Medlock	WSX	Peter Suba	WSX
M55	Matthew Owen	BOK	Jeremy Tonge	BOK		
M60	Nick Nourse	NWO	Mark Parrott	BOK	Robin Mills	WIM
M65	Andy Creber	NGOC	Andy Stott	NGOC	David Hunt	BOK
M70	Gavin Clegg	WSX	Gavin Clegg	WSX	Gavin Clegg	WSX
M75	Don Cload	NGOC	Don Cload	NGOC	Tim Sands	BOK
M80	Ted McDonald	BOK			Chris Bransford	WIM
M85			Roger Craddock	QO		
W10	Emily Horsfall	NGOC	Emily Horsfall	NGOC		
W12	Camille Davis	BOK	Sophie Woolford	BAOC		
W14	Evie Brown	BOK	Evie Brown	BOK		
W16	Hannah Agombar	NGOC	Hannah Agombar	NGOC	Emma Heckford	WSX
W18						
W20			Katie Lake	BUMC	Grace French	WIM
W21	Cecilie Andersen	BOK	Rachel Potter	BOK	Rachel Potter	BOK
W35	Hannah Large	BOK	Charlotte Bermingham	BOK		
W40	Sara Currie	BOK	Caroline Craig	NGOC		
W45	Alex Agombar	NGOC	Sara Currie	BOK	Vicky McCreadie	WIM
W50	Rachel Leathwood	BOK	Gill Tindal	BOK	Rachel Leathwood	BOK
W55	Karen Baker	DEVON	Vanessa Lawson	NGOC	Tina Stratford	WSX
W60	Ginny Hudson	NGOC	Rachel Wilson	BOK	Suzanne Harding	NGOC
W65	Diana Nicoll	BOK	Jackie Hallett	BOK	Adell Cooper	NWO
W70	Ros Taunton (W75)	NGOC	Carol Iddles	RAFO		
W75	Sue Hands	WIM	Katy Dyer	BOK	Carol Sands	BOK
W80	Gillian Cross	WIM			Elsie Hargreaves	KERNO